Welcome to The Baseball Collegian!

Welcome to our new publication, as well as to our website, www.baseballcollegian.com. Starting in 2025, the mission is to celebrate college and high school baseball players and coaches and fans, through the lens of stories, long-form educational articles, top players and teams, and issues filled with information anthologized in one place. Welcome!

A Baseball Innovator
How Perry Husband has changed the game

FEATURING PERRY HUSBAND
SPECIAL CONTRIBUTOR/THE BASEBALL COLLEGIAN

Perry Husband's innovations have transformed the game of baseball at all levels

For over two centuries, baseball has been famous for slowly evolving. When there have been changes, they have been a form of cultural evolution led by innovators and inventors and idealists inspired by the love of the game. Beyond the rules and economics of baseball, there have been a few men who have innovated major leaps forward in the on-field quality and beauty of the game, including Branch Rickey (desegregation), Ted Williams (hitting instruction), Frank Jobe (Tommy John surgery), and Bill James (statistics).

Perry Husband is one of those innovators. A coach and former college and pro player, the California native has quietly made a profound influence on baseball with his work and studies of the pitcher-batter interaction. Instead of looking at the game only through one lens based solely on stats or technique or theories, he saw the importance of how all the variables impact each other. Through vigorous research and testing of data, he has created hitting and pitching approaches that depend immensely on the context of each other in the timing battle between hitter and pitcher. The result is a new way of seeing the game and what he calls Effective Velocity (EV).

The Competitors Brain
Why does the Off-season matter?

BY LOREN FOXX
EDITOR/THE BASEBALL COLLEGIAN

Why does the off-season matter more than the in-season? It is the chance to define who you are.

If you think about the sentence, it's a simple one. How you define yourself. I am a…? Am I a baseball player? Am I a football player? What defines you?

Ted Williams, the Hall of Fame left-fielder for the Boston Red Sox, said that when he walked down the street, he wanted people to look at him and say, "There goes Ted Williams, the greatest hitter who ever lived." He also said, "I feel in my heart that nobody in this game ever devoted more concentration in the batter's box than I did." A guy who practiced until his blisters bled, and then practiced more, and loved doing it.

Every action you take casts a vote for the type of person you wish to become. Ted Williams wanted to be the best hitter of all-time, and now a lot of people would say he probably is. His lifetime average was .344 with 521 home runs, and he's the last guy to hit .400.

The off-season is a chance to do a little a lot, rather than a lot a little. If you do the math, 1% better a day means that over the course of a year, you'll wind up 37 times better. 1% of your day is 14 minutes, 24 seconds, and while it's not a completely accurate measure, and you should be doing more than 15 minutes a day, it's better than nothing. A question you need to ask yourself now is, "What do you do every day to get 1% better?" And "What will your process be?"

When you're thinking about your process, you have to think about your process instead of your outcome. What are you doing every day to get 1% better? Who you want to be is going to define your habits.

PERRY HUSBAND'S INNOVATIONS

CONTINUED FROM PAGE 1

The most well-known aspect of Husband's EV work that is now commonplace in the game today is his study on the science of pitch sequencing. Pitches in different locations will essentially have different speeds from the hitter's perspective. An up-and-in 90 MPH pitch will have a "true reactionary speed" that is faster (just under 95) because the hitter's barrel has to travel further to get to the contact point. That same 90 MPH pitch thrown low-and-away will have a "true reactionary speed" that is slower (just over 85) as it is hit later with the barrel traveling less. Thus, the elevated fastball "effectively" makes the fastball faster. Elevating the fastball also helps with deception by making it more conducive to having off-speed pitches come out of the same "tunnel" that is 20-feet out of the pitcher's hand, thus disguising pitches to the hitter. The elevated fastball will stay up, the slider will break low-and-away, and the changeup will fall down-and-in, but all look like an elevated fastball long enough to make identifying the pitch very difficult. And finally, hitters' timing can be manipulated as their attention (timing) is drawn to certain speeds they see the most and depending on the sequencing of pitches, moves up and down, thus influencing whether they time up the pitch or not. For hitters, consciously anticipating speeds is paramount to maximizing being on time vs. accidentally running into pitches.

> "Pitch Sequencing is still stuck playing beginner chess. It's really three games of chess, at a fast pace and at the highest level."

> "You are either hunting, or being hunted."

Perry Husband on his journey to making baseball a better game:

"How do we explain it when a pitcher has all the physical tools and has been trained by the top professionals in each of the previously mentioned aspects of pitching, and is still unsuccessful? For decades, the answer has been, 'Well, he just doesn't have what it takes to pitch at this level.' There is just something missing. Perhaps it is a combination of a few small things that are not exactly right or one major aspect that is off. Or, is there an aspect of pitching that we have never considered?

Effective Velocity uncovers some hidden elements of timing and deception that shed light on why hitters and pitchers can make the same mistakes over and over and not know how to fix them. The discovery of Effective Velocity has opened doors that will change the way the game is played as well as the way it is taught.

"Effective Velocity was discovered as a result of the hitting video *Hitting is a Guess – Swing Makeover of Jay Bell* (2001). In measuring perfect contact, I realized how hard that is for hitters at any level. This spurred on timing trials and visual skill testing. The Jay Bell video was called Hitting Is A Guess because it proved hitters can't control contact anywhere near 100%. The testing included 14,000+ simulated at-bats to prove further what we found in the original testing.

"When I finished the Jay Bell Swing Makeover video, it was obvious that mechanics was only the beginning. I thought I could leave the mechanical world because the video showed that if you have a question about a movement or theory, TEST IT. Don't argue about the religion side of hitting philosophy, test it objectively."

Perry Husband will be a regular feature contributor to *The Baseball Collegian*. He has published a four-book series on EV called *Downright Filthy Pitching*, as well as made numerous instruction videos, been featured on the MLB Network, and been a speaker at conferences all around the country. He has worked with MLB and College World Series champion teams and players and his work, including video courses and memberships, can be found at **www.effectivevelocity.com**. Downright Filthy Pitching Books are available on **amazon.com.**

From the Publisher

Baseball is the best.

That is why we are starting a new publication focusing on college and high school baseball from the point of view of those at the center of it: coaches.

In the spirit of the grand 66 years of the publication *Collegiate Baseball*, and with the care and attention by its publisher Lou Pavlovich Jr., we intend to continue the grand tradition of highlighting oustanding players and coaches, not just those at the highest levels. Additionally, we will pursue the in-depth long-form educational articles on everything from how to run a pitching staff, to the latest in hitting theories, to how to coach players to be their best.

Thanks to everyone for their support as we start, and we look forward to hearing from you as we go.

Yours in baseball,

Mark A. Woodworth

Online
www.baseballcollegian.com

Publication
Online/Emailed monthly

Social Media
Twitter/Instagram

Podcast

The Competitor's Brain

Hosted by Loren Foxx

We take years of experience in sports psychology, including working with greats in the business like Ken Ravizza, Brian Cain, and Dr. Rob Gilbert, and assemble the highlights into an easy-to-digest three minute podcast.

Baseball Season is upon us

"You count on it, rely on it to buffer the passage of time, to keep the memory of sunshine and high skies alive."
Bart Giamatti, *The Green Fields of the Mind*

The new year comes upon us, and the baseball world starts dreaming of the green grass ahead. While Major League Baseball has pitchers and catchers slated to start Feb. 12, 2025 and their regular season on Thursday, March 27, amateur baseball is well into it before then.

The NCAA Division I college season officially starts on Fri., Feb. 14, 2025. The other college divisions can pretty much start at any time.

High Schools start games anywhere from Jan. 27 at the earliest (Nevada), to April 17 at the latest (Maine). This doesn't include Iowa, who deem their season as a summer sport, starting on May 19. Each state has more information on their association website.

College Baseball Hall of Fame Inducts Class of 2024

The 17th induction class of the College Baseball Hall of Fame will be honored at the Night of Champions presented by Prairiefire on Feb. 13, 2025 in Overland Park, Kan., the home of the College Baseball Hall of Fame. The event will serve as the ceremonial start to the 2025 college baseball season, which begins Feb. 14, 2025.

Tom Jacobs, the co-founder of SP Athletics and the former commissioner of the Atlantic-10 Conference, has been tabbed as the new CEO and Executive Director. The Hall of Fame will have a physical home inside the Museum at PrairieFire in Overland Park, Kan., just 30 minutes from the Negro League Baseball Museum in downtown Kansas City. The new home is a result of a collaboration with Super Bowl champion and former Texas Tech baseball player Patrick Mahomes.

2024 Inductees
- **Mike Schmidt**, Shortstop, Ohio University, 1969-71
- **Roger Clemens**, Pitcher, San Jacinto JC, 1981/ Texas, 1982-83
- **Mark Teixeira**, Third Base, Georgia Tech, 1999-2001
- **Bill Thom**, Pitcher, USC, 1957-59
- **Jeff King**, Third Base, Arkansas, 1984-86
- **Woody Hunt**, Coach, Cumberland University, 1982-2021
- **Murray Wall**, Pitcher, Texas, 1947-50
- **Wilbert Ellis**, Coach, Grambling State, 1977-2003
- **Randy Ross**, Shortstop, North Park, 1981-84
- **Jim Paronto**, Umpire/Administrator, 1973-2023
- **Mike Fox**, Coach, NC Wesleyan, 1983-1998/ UNC, 1999-2020

HS Season Start Dates	
State	**Games Begin**
Alabama	Feb. 13
Alaska	March 20
Arizona	Feb. 26
Arkansas	March 3
California-South	Feb. 17
California-North	Feb. 24
Colorado	March 6
Connecticut	April 5
Delaware	Feb. 27
Florida	Feb. 18
Georgia	Feb. 10
Hawaii	Feb. 3
Idaho	March 12
Illinois	March 17
Indiana	March 31
Iowa	May 19
Kansas	March 20
Kentucky	March 17
Louisiana	March 10
Maine	April 17
Maryland	March 21
Massachusetts	March 27
Michigan	March 19
Minnesota	March 27
Mississippi	Feb. 10
Missouri	March 16
Montana	March 20
Nebraska	March 20
Nevada	Jan. 27
New Hampshire	April 14
New Jersey	March 17
New Mexico	Feb. 3
New York	March 27
North Carolina	Feb. 24
North Dakota	March 28
Ohio	March 28
Oklahoma	March 28
Oregon	March 17
Pennsylvania	March 14
Rhode Island	March 31
South Carolina	March 10
South Dakota	None
Tennessee	March 3
Texas	Feb. 17
Utah	March 3
Vermont	April 7
Virginia	March 17
Washington	March 10
West Virginia	March 19
Wisconsin	April 1
Wyoming	None

Division I Scholarship Changes

The big news this off-season was the change in scholarship allotment for NCAA Division I baseball. Previously, the maximum allowed for Division I was 11.7 per team. (How did they get that number? If everyone on a roster of 35 gets a 1/3 scholarship, then it comes out to 11.7).

Starting in the fall of 2025, each team will have a roster limit of 34 players. Each player will be allowed to have a full or partial scholarship, thus, the new scholarship maximum is 34.

This certainly does not mean every school will use this allotment. Division I scholarship totals range from 0 (the Ivy League follows this model), to the maximum. Each institution will determine how many they will offer.

The big conflict is when the roster limit is put in place. The Dec. 1 cut deadline has begged more questions than answers: If a player gets injured in January, will schools be allowed to replace him? Will a non-roster practice squad be allowed? What are red-shirt players allowed to do?

While these questions remain unanswered, ramifications have already started taking place. By reducing the COVID-inspired roster limit of 40, some committed high school players from the class of 2025 did not have roster spots anymore, so there was a flood of decommitments in the fall. Those players will still find a home somewhere, yet there will be a trickle-down effect where some players on lower-level teams will not have a spot. Divisions and teams that don't have roster limits could possibly just increase roster sizes, but regardless, the floor of college baseball skill certainly has improved with this change.

College Baseball Scholarships		
Division	**Scholarships**	**Teams**
NCAA Div. I	34	295
NCAA Div. II	9	245
NCAA Div. III	0	383
NAIA	12	194
JC Div. 1	24	155
JC Div. 2	24	246
JC Div. 3	0	85
JC California	0	88
JC Northwest	11	27
USCAA	N/A	43
NCCAA	N/A	28
Total Teams		**1789**

Why is the Off-Season Important?

That's up to you, not up to someone else. The true hang-up is thinking you need to do big things. A workout doesn't need to be three hours long, it can be 30 minutes.

In the book, The Way of Baseball, by Shawn Green, he talks about the All-Star shortstop Tony Fernandez who used to step into the batting cage to get one swing, just to get the feel, and if the feel was good, he got out. He didn't want to waste it. Make sure you have deliberate practice. Don't just take swings. Honestly think about your pitches, think about your swings, think about the things that need to be done correctly. You can't just go through the motions of trying to do something right. You need to make sure that you are focusing on trying to become that image you have of yourself.

John Wooden, a guy who won 10 NCAA championships at UCLA, including seven in a row, in the first practice of every season, he took the best recruits from the country, including guys like Kareem Abdul Jabbar, and what did they learn to do? They learned to tie their shoes the right way. He had reasons for it – he didn't want guys being out because they had blisters on their feet; he didn't want practices interrupted because the guy had to stop and tie his shoes. Games being interrupted, momentum being lost. So he had a reason for that.

The other reason was how you do anything is how you do everything. If you are mindful about everything that you do, it will have a very big impact on everything that you do.

Follow the Podcast!
The Competitor's Brain, a podcast hosted by Loren Foxx, takes years of experience in sports psychology, including working with greats in the business like Ken Ravizza, Brian Cain, and Dr. Rob Gilbert, and assembles the highlights into an easy-to-digest three minute daily podcast.

2025 ABCA Convention!

College & HS Coaches come to Washington, D.C.

2025 ABCA Convention Speakers

Tony Vitello, Tennessee
Veronica Alvarez, Oakland A's
Billy Berry, Tennessee Wesleyan
Ty Blankmeyer, Vanderbilt
Steve Dintaman, Northern Kentucky
Will Franco, Boston College
Rudy Garbalosa, Lynn
Mark Gjormand, James Madison (Va.)
Jon Gordon, Bestselling Author
Brandon Guyer, Major League Mindset
Chris Hart, NC State
Clint Hurdle, Colorado Rockies
Jason Jackson, Alabama
Conor Kortmann, Rutgers-Newark
Tom Marker, Olentangy Orange (Ohio) HS
Sean McGrath, Lamar
Skylar Meade, Troy
Jim Penders & staff; UConn
Marty Smith, Central Florida
Dr. Keith Smithson; Darnell Coles; Steve Lombardozzi, Wash. Nationals
Matthew Swope, Maryland
Chuck Wolf, Human Motion Associates

Building a Championship Program
Everything's Perfect Until It's Not–Training Catchers in Controlled Environments
Practice Tips & Techniques for Successful Team Training
Infield Play: The Art of Playing Catch
Turning Running Into Runs - Baserunning & Base Stealing
Strength Training Essentials For Baseball: A Simplified Approach
Outfield Development Through Daily Routines and Drills
HS Practice Organization: Team Drills That Build Competitive Fire
One Truth
How to Win the Most Important Time of the Game: Time In Between Pitches
Developing Hitters, Not Just Swingers, With the Wolfpack Approach
A Life in Baseball
Pitchers' Start-to-Start Routines
Team & Individual Hitting Development: Do More With Less
Beyond Batting Practice: Optimizing Reps in the Training Environment
A Systematic and Evidence-Based Framework for Developing Pitchers
The Path of Most Resistance: Handling Pitchers as the Head Coach
How to Build a Winning and Consistent Program
Measure and Compete to Make Player Development Fun!
Maximizing Visual Performance: Lessons, Tech, and Training Protocols
Optimize Performance with Motor Preferences
The Front Side Leg & Hip are Connected to the Throwing Arm UCL & Elbow

2025 ABCA Youth Coaches Speakers

Kris Goodman, Tampa Bay Rays
John Dowling, McLean HS (VA)
Matt Owens, Chestnut Hill College
Tom Winske, Cincinnati
Chris Berset, Alexandria Aces
Andre Butler, Graveyard Mentality
David Klein, Menlo Park Legends
Nunzio Signore, Rockland Peak Performance
Jen Hammond, Thomas Jefferson HS (VA)
John Skaggs, Prime Time Baseball (VA)
Scott Fox, The Champion Playbook
Rob Hahne, Northern VA Travel Baseball
Jimmy Jackson, Maryland

Competing: Mastering a Process of Presence
Baseball is Hard, Don't Make it Easy: Practice Habits that Play on Game Day
Keeping the Routine Routine: Developing the Front Lines of Defense
Baserunning Rules and Ideas Made Simple for All Levels
Molding the Elite Youth Catcher
Graveyard Mentality: Where Hits are Laid to Rest in the Outfield
Youth Baseball Experience Innovation for the Modern Athlete
Long-Term Athletic Development for the Youth Player
Framing It Up: Integrating Catching Into Practice Planning
Forgotten Components of Infield Play: First Basemen
Training Mental Health and Sports Performance
The Future of Youth and Travel Baseball
Keeping Natural Talent in Our Pitchers

ABCA Future Dates and Locations
2025 – Jan. 2-5   National Harbor, Maryland
2026 – Jan. 8-11   Columbus, Ohio
2027 – Jan. 7-10   Chicago, Illinois
2028 – Jan. 6-9   Nashville, Tenn

DISPATCHES

Guide to what to do at the Convention
Gaylord National Resort and Conference Center - National Harbor, Md.

COACHES MEETINGS

Thursday, 6:30pm - 9:30pm	Coaches Divisional Meetings
Thursday, 9:00pm - 11:00pm	Rookie Coaches Mentorship Panel presented by The Marines
Saturday, 8:00am - 12:30pm	ABCA Diversity in Baseball Committee Workshops
Friday, 6:30pm - 9:30pm	ABCA Hall of Fame Banquet presented by C&H Baseball

TRADE SHOW

Thursday, 1:00pm - 6:00pm	ABCA Trade Show & Expo Theater Presentations
Friday, 10:00am - 3:00pm	ABCA Trade Show & Expo Theater Presentations
Friday, 4:30pm - 6:00pm	Coaches Social presented by the ABCA
Saturday, 9:00am - 2:00pm	ABCA Trade Show & Expo Theater Presentations

CLINICS

Friday, 8:30am - 4:00pm	Main Stage Clinics presented by ATEC and Q&A
Friday, 9:30am - 4:10pm	Youth Coaches Session presented by GameChanger and Q&A
Friday, 7:00pm - 10:45pm	Hot Stove Panel Discussions
Saturday, 8:30am - 4:40pm	Main Stage Clinics presented by ATEC and Q&A
Saturday, 9:30am - 3:10pm	Youth Coaches Session presented by GameChanger and Q&A
Saturday, 3:30pm - 10:45pm	Hot Stove Panel Discussions
Sunday, 8:30am - 11:10am	Main Stage Clinics presented by ATEC and Q&A

HOT STOVE PANELS

Pitching: Friday - 9:00 p.m.
Outfield: Friday - 9:00 p.m.
Youth/Travel Baseball: Saturday- 3:30 p.m
Baserunning: Saturday - 5:00 p.m.
Leadership: Saturday - 5:00 p.m.

Hitting: Saturday - 7:00 p.m.
Strength & Conditioning: Saturday- 7:00 p.m.
Infield Play: Saturday - 9:00 p.m.
Catching: Saturday - 9:00 p.m.

Dining/Entertainment
Old Hickory
    Steakhouse - Breakfast, Lunch Dinner.
Harbor Social
    Sports Bar - Open 4 p.m. to 1 a.m.
Potomac Cafe & Market
    Break. to Dinner, Starbucks - 6 a.m. to mid.
Belvedere Lobby Bar
    Casual Lounge - Open 4 p.m. to midnight
Pose Rooftop Lounge
    Bar with pool, bocce, darts - opens at 9 p.m.
Other
Pool & Splash Zone
Spa/Fitness Center
Nightly Atrium Light Show
Outside Hotel
36 different restaurants within 0.3 miles
Harbor/Ferris Wheel/Shops/Outlets

ABCA Hall of Fame Class of 2025
Rich Alday, University of New Mexico
Dave Jarvis, Belmont University (Tenn.)
Dave Johnson, Ephrata (Wash.) High School
Costa "Pop" Kittles, Florida A&M University
Charlie Migl, St. Mary's University (Texas)
Dunn Muramaru, Mid-Pacific Institute (Hawaii)
Jim Schlossnagle, University of Texas
Larry Turner, Owasso (Okla.) High School

Hot Stove Panelists

Rookie Coaches Mentorship
Thursday, Jan. 2, 9:00pm
Brad Stromdahl, Georgia State
Chris Hanks, Colorado Mesa
Rachel Balkovec, Miami Marlins
Lee Banks, Tidewater Phillies (VA)
Bonnie Hoffman, DC Girls Baseball
Matt Ittner, Cox High School (VA)
Greg Mamula, Delaware
Brian O'Connor, Virginia

Outfield Hot Stove
Friday, Jan. 3, 9:00pm
Rudy Garbalosa, Lynn
Zach Casto, Sissonville HS (WV)
Billy Facteau, Baltimore Orioles
Gabe Ortiz, Miami Marlins
Greg Sullivan, Boston College

Pitching Hot Stove
Friday, Jan. 3, 9:00pm
Pat Pinkman, Elite Sports Advising
George Capen, Georgetown
Jimmy Jackson, Maryland
Steven Osterer, Cleveland Guardians

Baseball Operations Hot Stove
Friday, Jan. 3, 7:00pm
Sam Gjormand, College of Charleston
Luke Marbach, Kansas
Hunter Roberts, Purdue
Holden Wilder, Boston College

Culture & Leadership Hot Stove
Saturday, Jan. 4, 5:00pm
Craig Gianinno, Y-D Red Sox
Brandon Guyer, MLB Mindset
Danielle Martin, True Mindsets
Justin Toole, Seattle Mariners

Youth & Travel Baseball Hot Stove
Saturday, Jan. 4, 2:45pm
Jordan Baltimore, New York Empire
Duke Baxter, Zoned Sports Acad. (NJ)
Rob Hahne, Northern Virginia Travel
Jennifer Hammond, DC Girls Baseball
Blake Hibler, Prep Baseball Report
David Klein, Menlo Park Legends (CA)
Deven Morgan, Driveline Baseball
Taylor McCollough, Perfect Game

Baserunning Hot Stove
Saturday, Jan. 4, 5:00pm
Matt Talarico, New York Yankees
Mike Roberts, Cotuit Kettleers (MA)
Patrick Anderson, St. Louis Cardinals
Charles Bolden, Baltimore Orioles
Mike Stawski, Mary Hardin-Baylor
Ryan Terrill, Georgia Gwinnett
Beth Woerner, James Madison

Hitting Hot Stove
Saturday, Jan. 4, 7:00pm
Anthony Ferro, Butte College (CA)
Ben Adams, Palomar College (CA)
Eric Crozier, Chantilly HS (VA)
Caleb Longley, Texas A&M
Jeremy Sheetinger, Georgia Gwinnett

Strength & Conditioning Hot Stove
Saturday, Jan. 4, 7:00pm
Dr. Jimmy Onate, Ohio State
Henry Bergman, Maryland
Haley Colwell, Northeast Texas CC
Tracy Tanguay, Mobility Chick
Nunzio Signore, Peak Performance

Catching Hot Stove
Saturday, Jan. 4, 9:00pm
Tyson Blaser, Boston Red Sox
Chris Berset, Alexandria Aces (VA)
KJ Hallgren, Princeton
Jennifer Hammond, Jefferson HS (VA)
Joe Singley, Miami Marlins

Infield Hot Stove
Saturday, Jan. 4, 9:00pm
Tyler Gillum, Savannah Bananas
Clay Cox, Paris Junior College (TX)
Jordan Aboites, Long Beach State
Billy Boyer, Detroit Tigers
Julius Gaines, Ground Up (GA)
Marty Lees, Stillwater HS (OK)
Greg Mamula, Delaware
Steven Phillips, Hope International

The Myth of Batting Average by Count

By Mark Woodworth
Editor/The Baseball Collegian

Every year in the post-season, the TV announcers seem to bring out a similar graphic. Flashing on the screen is some version of this:

Batting Avg. Per Count

Count	BA	Count	BA	Count	BA
0-0	.353	0-1	.355	0-2	.175
1-0	.379	1-1	.339	1-2	.179
2-0	.375	2-1	.345	2-2	.190
3-0	.361	3-1	.371	3-2	.210

Stanford Baseball - Source: Bickel & Stotz

Batting Avg. Per Count

Count	BA	Count	BA	Count	BA
0-0	.379	0-1	.365	0-2	.167
1-0	.376	1-1	.368	1-2	.177
2-0	.382	2-1	.376	2-2	.191
3-0	.420	3-1	.394	3-2	.213

D1 Baseball - Source: 6-4-3 Charts

One look at this, and it seems pretty obvious that hitters do not want to get to two-strikes. Simple. Case closed.

This mind-set permeates the game: "Just don't get to two strikes, anyway. Nothing good can happen there." (Petriello-mlb.com) Players are always saying their favorite pitch is the first pitch. Coaches and parents are extolling (yelling at) their kids to attack the first good one they see.

The premise behind all this is the abject fear of two-strike hitting, and it's backed up by data!

> **"Batters are more likely to get a hit (off a pitch thrown for strike) with two strikes than other counts."**

There is one problem though. These stats are flawed and don't come close to telling the real story behind hitting success by count.

The Myth

Let's start with a ground-breaking research study by J. Eric Bickel, a grad student at Stanford, and the Stanford assistant baseball coach Dean Stotz titled *Batting Average by Count and Pitch Type*. In the paper, they took four years of data and asked the question, "Why do hitters have such poor averages with two strikes?

"The answer to this dilemma lies in the definition of batting average and the fact that it was not created to be used within a plate appearance. Batting average is the number of hits divided by the number of at-bats. There are four ways to have an at-bat with less than two strikes: hit, error, fielder's choice, or batted out (the ball has to be put in play). However, there are five ways to have an at-bat with two strikes: hit, error, fielder's choice, batted out, and strikeout (the ball is either put in play or the batter strikes out)."

In short, batting average data by count is skewed because if you swing and miss with 0 strikes, it does not count against your batting average by count. If you swing and miss with two strikes, it is considered an 0-for-1. The insight accrued from such misleading data gives an incorrect picture into how well hitters actually hit in different counts.

Thus, BA by count is completely flawed. To really get a sense of how hitters hit, let's look at Hits Per Strike. Here is the data they compiled:

While BA goes significantly down with two strikes, Hits per Strike actually improves with two strikes! When a strike is thrown, hitters hit .099 with less than two strikes, but .123 with two strikes. As Bickel and Stotz put it, "Batters are more likely to get a hit (off a pitch thrown for strike) with two strikes than other counts. This is exactly the opposite relationship as suggested by BA by count."

Hits Per Strike

Count	BA	Hits Per Strike
0-0	.353	.08
1-0	.379	.11
2-0	.375	.10
3-0	.361	.02
0-1	.355	.11
1-1	.339	.11
2-1	.345	.12
3-1	.371	.12
0-2	.175	.11
1-2	.179	.12
2-2	.190	.12
3-2	.210	.14

There's an additional way of looking at it. What is the average of hits when the hitter puts the ball in play (this takes out misses and fouls)? Below are the results:

Hits on Balls in Play

Count	BA	Hits on Balls in Play
0-0	.353	.356
1-0	.379	.375
2-0	.375	.371
3-0	.361	.360
0-1	.355	.350
1-1	.339	.330
2-1	.345	.336
3-1	.371	.369
0-2	.175	.331
1-2	.179	.319
2-2	.190	.322
3-2	.210	.341

When batters put the ball in play, hitters get more hits earlier in the count as opposed to later in the count. They have a higher chance of getting a hit with less than two strikes (.353), versus putting it in play with two strikes (.326). In a way, this mirrors the decline seen in BA as counts get deeper and seems to validate BA by count.

There's one catch though according to Bickel and Stotz: "This difference of .027 is a real effect. Batters are less likely to get a hit if they put the ball in play with two strikes. However, it is hardly the dramatic effect suggested by BA." Indeed, while BA by count data states that batters hit up to .200 points lower with two strikes versus no strikes, by looking at the more appropriate Hits on Balls in Play stat, they only hit max .050 points lower.

Let's look at some more data.

Ahead - Even - Behind

Advantage	BA	Hits Per Strike	Hits on Balls in Play
Batter Ahead	.313	.113	.355
Batter Even	.285	.114	.340
Batter Behind	.218	.094	.330

The same holds true when looking at the traditional concept of ahead (1-0, 2-0, 3-0, 2-1, 3-1, 3-2), even (0-0, 1-1, 2-2) and behind the count (0-1, 0-2, 1-2). Batters hit .313 ahead in the count, .285 when even, and .218 when behind, yet while Hits Per Strike and Hits on Balls in Play both went down as the count got deeper, it only went down 19 and 25 points respectively, hardly the 95 points that BA states.

Conclusion

Batting Average by count data is a flawed stat that is incorrectly negatively impacting the approach and mindset of hitters. By using the data appropriately, it is clear that there is a myth around batting average by count.

"Batting average and slugging percentage by count are highly misleading, because they imply that batters perform poorly with two strikes or incredibly well with less than two strikes," state Bickel and Stotz. "The low BA and SLG numbers with two strikes (less than two strikes) are simply defects of these statistics."

Actionable Summary:

This information is incredibly powerful for hitters to be aware and utilize in their game. Despite all the rhetoric and common teachings, if you only swing at strikes, you actually hit better with two strikes. And when you put the ball in play, you hit a little better with less than two strikes, but not much.

There are many reasons that would seem to validate why this is true:
• Hitters have no basis for distinction on speed of pitches when they first get in the box. As the at-bat continues, they "learn" the speeds and are able to time-up pitches better.
• When hitters first get in the box, the footing can be off, the background and lighting can be off, the pitchers motion can be different.
• Also, hitters tend to be less focused and committed early in the count, as the penalty for swings and misses are less.

This is really a conversation about hitting with less fear. With this knowledge, hitters can be less afraid of two strikes, as well as more selective with less than two strikes. If hitters really know the strike zone with two strikes, they'll hit well and don't have to be defensive.

In turn, hitters can trust themselves and not be afraid of hitting with two strikes!

For more data, see the article *Batting Average by Count and Pitch Type,* by J. Eric Bickel and Dean Stotz, originally published in the *Baseball Research Journal*.

THE TEAM

The Coaching Legend of Gordie Gillespie

By Paul Babcock
Author of the Book, *The Team*

Paul Babcock played for coach Gordie Gillespie at St. Francis and was on the team that won a national championship in 1993. Below is an excerpt from his book, *The Team,* about the experience and playing for Coach Gillespie.

A few weeks later, I worked out a much-anticipated return visit to Joliet. I remember being a little scared, but that all melted away when I walked into Coach Gordie's office. He shook my hand with a huge smile as he greeted my parents. We sat and talked for a little while, and in that short time, I knew I was where I was supposed to be. My instincts as a young man were spot-on: there is no one I would rather play for because of the way he made me feel. Two specific questions really created a special interaction.

After discussing various topics, he asked me about my batting average. As soon as I responded, he repeated my answer in a disbelieving voice and said to Coach Del, "Can you believe how lucky we are to get this kid?" This was more than likely a typical routine, but I fell for it hook, line, and sinker. Now I did not want to disappoint him either. I wanted to prove that I was the player that I said I was. My parents often told me, "When all is said and done, more is said than done." I did not want to be one of those people who talked a good game but could not back it up.

> **"Can you believe how lucky we are to get this kid?" This was more than likely a typical routine, but I fell for it hook, line, and sinker.**
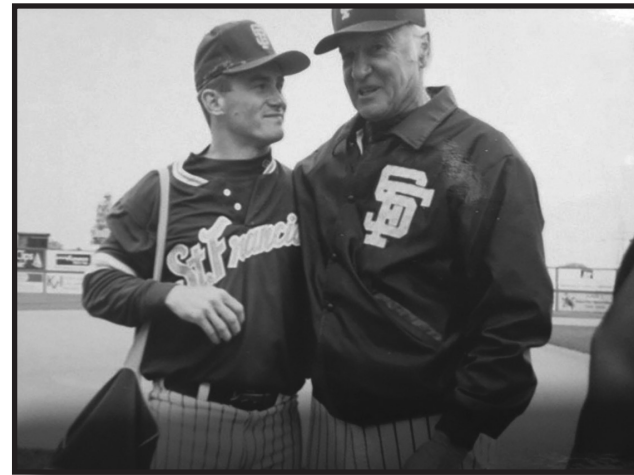
Coaching legend Gordie Gillespie with the author, Paul Babcock.

I also remember him asking what my favorite movie was. Without hesitation, I let him know that it was *Rocky*. Coach Gillespie then went on to name all the things about that movie he loved. He talked about the indomitable spirit of man, believing in yourself when no one else does, never giving up, giving it everything that you have, your heart is not something that can be measured, to name a few. I felt like we were kindred spirits when he said his favorite line was actually from Rocky II. He asked if I remembered when Apollo wanted a rematch and he asked his trainer Duke what he was afraid of: "I saw you beat that man like I've never seen no man get beat before and he kept coming after you." It was like we shared the same brain. Did Gordie know that I wanted to be Rocky because of everything he represented? I couldn't wait to show him my spirit.

I was oblivious to what a remarkable coach he was because he never used his accomplishments to "sell" the school. I focused on how he made me and everyone else around him feel. I was later educated on his incredible win/loss record and long list of awards. I learned that he was a successful coach in basketball, football, and baseball. He had even been inducted to several Hall of Fames in both football and baseball on the state and national level. He even played college basketball for the legendary Ray Meyer at DePaul. My dad admired the way Coach Meyer coached and knew without a doubt that Gordie picked up some valuable lessons from him. It was remarkable to me that he did not feel the need to brag about any of those incredible honors.

> **I was oblivious to what a remarkable coach he was because he never used his accomplishments to "sell" the school.**

I became even more enamored by his humility. It was no surprise to me that graduates would often stop in just to spend a little time with him. The more people knew Coach, the more time they wanted to spend with him. Players were shocked when they were in an airport with Coach Gillespie and a booming voice yelled out, "Hey, Gordie!" The man came over and gave Gordie a huge hug. As he pulled away, the players discovered that it was the one and only Ted Williams. Obviously, Gordie never felt the need to brag about the famous people with whom he was friends.

Near the end of my senior year, I drove to Joliet again. I wasn't able to see Coach Gillespie because his team was playing in the NAIA College World Series. The athletic office had just received word that the team had finished second. I knew that Coach had won three national championships at Lewis University but had been stopped shy of this goal at St. Francis. I now set my sights on a new goal: I wanted to be on a team that would bring Gordie his first national championship at the College of St. Francis.

To learn more about the story of Paul Babcock's experience with Gordie Gillespie, email him at babcockpaul711@gmail.com.

NCAA Rules Changes & Points of Emphasis for 2025

Experimental Rule - Technology
Any institution interested in experimenting must submit the request in writing. Conferences granted permission to experiment are required to collect data and submit it to the rules committee at the end of the season. The experimental rules are approved for the 2025 season during conference play only. The experimental rules will not be used during the NCAA postseason.
• Use of bat sensor technology for in-game data collection:
Permit use of metric sensors or data collection devices on or within bats.
Live access to the swing data will remain prohibited.
• Use of in-game data/technology in the dugout during a game:
Permit the use of electronic equipment (tablets) to access scouting and analytics information during the game in the dugout.
Access to pitch location [i.e., balls/strikes] must be restricted during the game.

Double First Base – 1-7-b
• Previous rules already allowed use only during regular-season competition.
• Now Baseball Committees at any level of NCAA play have the option to approve use during the NCAA Championships.
• Added guidelines for the use of the Double First Base to the rule book.

Bat Testing – 1-12-e,g & Appendix G
• For Division I, bat testing is required prior to the start of play for each day of competition.
• For Divisions II and III, required before each regular season series or single date of competition.
• No foreign substance may be added to the surface of the bat beyond 18 inches from the end of the handle.
• Prohibits other substances other than just those that would discolor the ball such as pine tar.
• The bat testing sticker from each team that is being used for that day's competition shall be placed on the lineup card given to the umpire prior to the game.

Dugout Protective Fencing or Netting – 1-16
• Facilities for collegiate baseball shall have protective fencing or netting on the field side of the dugout at a height not less than 3 feet from field level.
• Now required effective for all divisions as of January 1, 2025.

Ejection of Relief Pitcher – 2-26-e
• Penalty now distinguishes whether the player ejected was a starting pitcher or a relief pitcher during that game.
• Starting pitcher – remains as a four (4) game suspension
• Relief pitcher – two (2) game suspension – This applies whether the ejection occurs while the player is the current game pitcher or after having been removed as pitcher and their last listed position was that of a starting or relief pitcher.
• If a player is removed as pitcher but remains in the game in another capacity (DH or position player) and is then ejected, the penalty for a first-time offense is one additional game suspension.

Use of Electronic Communication – 5-16
• "An exclusively one-way electronic communication device from the dugout, a coaches' box, or a position player on the field (such as the catcher) for the purpose of relaying the pitch or play call is permitted. The use of direct, live audio communication shall be limited to an in-ear device for the defensive position of catcher."
• Also allows a pre-recorded message or number code to be transmitted one-way from a specifically designed device to the pitcher or other players.
• Reminder – no information from external sources may be transmitted to the playing field, dugout, or to team personnel during the game. Updated penalty – The violator and the head coach shall be ejected from the game.

Leaving Position– 5-15
• Team personnel (other than coaches) shall not leave their position to go to the area of a confrontational situation.
• Personnel in the immediate vicinity of the dugout or bullpen area are considered to have remained in their area.
• Personnel already on the field in the vicinity of the situation who do not participate in, escalate, or incite the potential altercation will not be penalized.
• Video review may be used to identify violators.

Batter's Box Rule – 7-1
• Previous Batter's Box Rule is eliminated.
• Batter's actions are regulated by the 20-Second Action Clock time limit.
• Batter should remain in the vicinity of the batter's box between pitches but must be in the box, alert to the pitcher, and ready to hit with 8 or more seconds remaining in the time limit.

Catcher's Interference – 8-2-e-Exception and 8-3-p
• If R3 is trying to score on a squeeze play or a steal of home, the catcher steps on or in front of any part of home plate without possession of the ball, or touches the batter or their bat, the pitcher is charged with a balk, the batter shall be awarded first base on the interference, and the ball is dead.
• "In front of any part of home plate" is defined as a step toward the pitcher and any part of the catcher's foot on the ground beyond the back point of home plate.

Force-Play-Slide Rule – 8-4-Penalty
• Delayed dead ball until the play is completed.
• Point at the violation when it occurs but leave the ball alive and let the play continue as this is a reviewable play.
• If this play is reviewed and overturned, this allows the play at first base on the batter-runner to stand.

Windup Position – 9-1-a
• Rule remains that a pitcher may not take a second step toward home plate with the free foot.
• Change eliminates the words "backward or sideward".
• New language – "…in the actual delivery of the ball to the batter, the pitcher may take one step without gaining ground toward home plate with the free foot."
• Allows an adjustment step slightly toward the front of the pitcher's body when turning for the delivery.

Pitcher Drops Ball – 9-2-b-Penalty
• Simplifies the penalty when pitcher drops the ball either intentionally or unintentionally while in contact with the pitcher's plate.
• With no one on base, it is a ball; With runner(s) on base, it is a balk.
• Ball is dead and each runner advances one base.

Foreign Substance – 9-2-e-Penalty
• Rule remains the same. Penalty is amended to eject both the pitcher and the head coach for violation of this rule.

Warmup Pitches – 9-2-i, Appendix F
• Allow pitcher to throw unlimited number of warmup pitches within the time limit.
• 150 seconds   Starting pitchers at the beginning of their first inning.
        Any relief pitcher at beginning or during an inning.
• 120 seconds   Any continuing game pitcher between innings.

Replacing Pitcher – 9-4-b-Note 2
• After an injury or ejection of current pitcher, the substitute pitcher may warm up from the bullpen or game mound.
• If some warmup pitches are taken from the bullpen and the pitcher moves to the game mound to complete their warmup, the relief pitcher timing protocol shall be followed (150 seconds).

20-Second Action Clock – Appendix F
• Batter must be in the batter's box, alert to the pitcher, and ready to hit with 8 or more seconds remaining in the time limit.
• Allows the batter extra time to be ready to hit and shortens the time that a pitcher would be able to "freeze" the batter.

20-Second Action Clock – Appendix F
• If pitcher starts a preliminary motion to deliver a pitch or come set before the batter is alert and ready to hit, the umpire will call "time" and issue a warning the first time it happens. Only one warning per pitcher.
• With no runner on base, any further violations after the initial warning will result in a ball.
• With any runners on base, the initial warning is also the reset for that at-bat. Any further violations by that pitcher will result in a ball.

Optional Timing Rules – Appendix F
The following 30-second time limits are permissible by conference policy or mutual agreement:
• Between Batters – Timer starts when ball is in possession of the pitcher near the pitcher's mound. If batter-runner ends an at-bat on base, the timer starts when they hand protective gear to a base coach.
• Mound Visit – Timer starts when coach crosses a foul line or player leaves position to visit the mound.
• Offensive Charged Conference

Timing Devices/Action Clock – Appendix F
• The use of visible clocks allows the consistent administration of the pace of play time limits between pitches and between innings. Allows all participants to see how much time remains during each time limit, leading to less violations and more consistent enforcement.
• Effective January 1, 2025 for Divisions I and II, one or more visible clocks will be required during all times of the game to enforce all timing rules effectively.
• For Division III, the use of visible clocks is recommended, but not required. All time limits are expected to be enforced consistently.

NEW COLLEGE HEAD COACHES 2025

National Collegiate Athletic Association (NCAA)

Division I	New Coach
Alcorn State	Carlton Hardy
Arkansas at Pine Bluff	Logan Stout
Arkansas State	Mike Silva
Cal St.-Bakersfield	Jordon Banfield
Campbell	Chris Marx
Charleston Southern	Karl Kuhn
Coastal Carolina	Kevin Schnall
Dayton	Scott Loiseau
Delaware State	Pedro Swann
Eastern Kentucky	Walt Jones
Houston Christian	Clay Vanderlaan
Indiana State	Tracy Archuleta
Liberty	Bradley LeCroy
Long Beach State	T.J. Bruce
Longwood	Ray Noe
Manhattan	Steven Rosen (int)
Minnesota	Ty McDevitt
Missouri State	Joey Hawkins
Morehead State	Brady Ward
Niagara	Matt Spatafora
Nicholls State	Brent Haring
Oakland	Brian Nelson (int)
Ohio State	Justin Haire
Pacific	Reed Peters
Pepperdine	Tyler LaTorre
South Carolina	Paul Mainieri
South Carolina-Upstate	Kane Sweeney
South Florida	Mitch Hannahs
Southern Indiana	Chris Ramirez
Stephen F. Austin	Matt Vanderburg
Texas	Jim Schlossnagle
Texas A&M	Michael Earley
The Citadel	Russell Triplett
UT-Arlington	Mike Trapasso
Utah Valley	Nate Rasmussen
VCU	Sean Thompson
Washington	Eddie Smith
West Virginia	Steve Sabins
William and Mary	Rob McCoy
Winthrop	Mike McGuire
Youngstown State	Trevor Charpie

Jacob Garsez - Sonoma State

Division II	New Coach
Barry	DJ Price
Bluefield State College	Scott Considine
Christian Brothers	Zach Ullrich
Clarion	John Poss
Clark Atlanta	Trennis Grant
Colorado Christian	Andrew Liberty
Concord University	Drew Bailey
Embry-Riddle	Dave Therneau
Flagler-St Augustine	Greg Guilliams
Florida Southern	Rick O'Dette
Francis Marion	Jeff Jefferson
King College	Brad Hill
Lane College	Jeffery De La Concha
Lenoir-Rhyne	Adam Skonieczki
Newberry	Jay Snyder
Northwest Missouri St.	Tony Jandron
Saint Leo	Josh Keim
Saint Thomas Aquinas	John-Michael Guarino
Savannah State	Tino Burgos
Shepherd	Andrew Kowalo
Sonoma State	Jacob Garsez
SW Oklahoma State	JR Head
Sul Ross State	Caleb Abney
Texas A&M International	Ruben Rodriguez
UT Permian Basin	Justin Phillips
Valdosta State	Jan Weisberg
West Texas A&M	Cory Hall
Westmont	Paul Svagdis

Division III	New Coach
Albion	Matt Rix (interim)
Calvin	Joel Schipper
DePaw	Jordan Niespodziany
Ferrum	Eric Owens
Hampden-Sydney	Michael Mulvey
Hardin-Simmons	Mitch Wilson
Hood	Andrew Tressa
Hope	Ryan Dorow
Illinois Wesleyan	Michael Kellar
Keuka	Matt Michalski
Lawrence	Trent Whitcomb (int.)
Maranatha Baptist	Jodi Faithfull
Mount St. Vincent	Matthew Rienzi
Norwich	Billy Whaley
Pacific	Jacob Upwood
Roanoke	Brett Kaminski
Southern Maine	Scott Heath
St. Joseph's-Brooklyn	Rich Pecoraro III
SUNY-Canton	Ryan Stevens
Thomas	Rob Dippner
Trine	Brett Ratcliffe
Tufts	Bryan Stark
Waynesburg	Michael Impellittiere
Wells	Ryan Stevens

Michael Kellar - Illinois Wesleyan

Junior Colleges
National Junior College Athletic Association (NJCAA)

D1	New Coach
Abraham Baldwin	Blake Williams
Andrew College	Adam Biss
Central Arizona	Sean Cashman
Cleveland State CC	Aaron Bryant
Dodge City CC	JM Kelly
Dyersburg State	George White
Odessa College	David Wood
San Jacinto CC	Eric Weaver
Tyler JC	Brett Doe

D2	
Black Hawk	Drake Robison
Carl Sandburg College	Brandon Porter
Chandler/Gilbert CC	Jimmy Turk
East Central	Luke Miller
Lake Region State	Steven Anderson
Mississippi Gulf Coast CC	Zach Allen
Moraine Valley CC	Tyler Zunkel
Redlands CC	Trent Troxell
U. of Arkansas CC	Peyton Traywick
Wake Tech CC	DJ Russ

D3	
Bergen CC	Nick Grasso
College of DuPage	Karsten Leigvold
North Arkansas College	Jon Herbig
Waubonsee CC	Alex Hales

National Association of Intercollegiate Athletics NAIA

Brescia	Casey Hamilton
Bushnell	Jamie Womack (int.)
Eastern Oregon	Brian Valentine
Evangel	Sam Jones
Florida Memorial	Wilberto Ramos
Graceland-Lamoni	Brad Payne
Hastings	Steve Maddock
Madonna	Drew Huard
Oklahoma Panhandle	Jared Mayeda
Olivet Nazarene	Colton Punches
Oregon Tech	Ricky Walker
Providence Christian	Eric Fuller
Southeastern	Gabe Grinder
Warner	Rich Benjamin
Xavier-Louisiana	Dave Yamane

United States Collegiate Athletic Association USCAA

Penn State DuBois	Garrett Brown

National Christian College Athletic Association NCCAA

Ecclesia College	Griff Smith

California Community College Athletic Association CCCAA

San Joaquin Delta College	Bob Kittle (interim)

2024 College Baseball National Champions

Four-Year Schools

National Collegiate Athletic Association (NCAA)	Division I	Tennessee
	Division II	Tampa
	Division III	Misericordia
National Association of Intercollegiate Athletics (NAIA)		Hope International (Calif.)
United States Collegiate Athletic Association (USCAA)		UC Clermont
National Christian College Athletic Association (NCCAA)		Southwestern Christian

Junior Colleges

National Junior College Athletic Association (NJCAA)	D1	Blinn
	D2	LSU-Eunice
	D3	Gloucester (NJ)
California Community College Athletic Association (CCCAA)		Saddleback
Northwest Athletic Conference (NWAC)		Linn-Benton

2024 ABCA/RAWLINGS HONORS NCAA ALL-REGION - DIVISION I

Northeast - First Team
C	Jimmy Keenan	So.	St. John's
1B	Tyler MacGregor	Gr.	Northeastern
2B	Dylan Palmer	So.	Hofstra
3B	Dawson Bryce	Fr.	Merrimack
SS	Sam Miller	So.	Columbia
OF	Gavin Noriega	Sr.	Bryant
OF	Alex Lane	Gr.	Northeastern
OF	Korey Morton	Sr.	UConn
DH	Frankie Ferrentino	So.	Merrimack
P	Mario Pesca	Sr.	St. John's
P	Stephen Quigley	Sr.	UConn
P	Garrett Coe	Sr.	UConn
RP	Zach Cameron	Gr.	Niagara

Northeast - Second Team
C	Ethan Hibbard	Jr.	Fairfield
1B	Eric Rataczak	Jr.	Niagara
2B	Griffin Palfrey	Jr.	Columbia
3B	Luke Broadhurst	Sr.	UConn
SS	Paul Tammaro	Sr.	UConn
OF	Cameron Leary	Sr.	Boston College
OF	Josiah Ragsdale	Jr.	Iona
OF	Christian Gemelli	Sr.	Merrimack
DH	Mike Gervasi	Gr.	UMass
P	Justin Lehman	Jr.	Army
P	Xavier Kolhosser	So.	St. John's
P	Ian Cooke	Jr.	UConn
RP	Brady Afthim	Jr.	UConn

East - First Team
C	Sammy Sass	Sr.	Wright State
1B	Josh Kross	Jr.	Cincinnati
2B	Sam Hojnar	Sr.	Maryland
3B	Wyatt Henseler	Sr.	Penn
SS	Josh Kuroda-Grauer	Jr.	Rutgers
OF	Nathan Archer	Jr.	Bowling Green
OF	Zach MacDonald	Jr.	Miami-Ohio
OF	Adam Cecere	Gr.	Penn State
OF	Garret Pike	Jr.	Toledo
DH	J.T. Marr	Gr.	Penn State
DH	Julian Greenwell	Sr.	Wright State
P	Patrick Gardner	Jr.	Fairl. Dickinson
P	Derek Clark	Sr.	West Virginia
P	Everett Catlett	Jr.	Georgetown
RP	Nick Wissman	Sr.	Dayton
RP	Phil Fox	So.	Pitt

East - Second Team
C	Owen Carapellotti	Jr.	Georgetown
1B	Christian Ficca	Jr.	Georgetown
1B	Eddie Hacopian	Jr.	Maryland
1B	Jay Luikart	Sr.	Wright State
2B	Evan Bouldin	So.	Delaware State
3B	Sean Keys	Jr.	Bucknell
SS	Ryan Weingartner	So.	Saint Joseph's
SS	JJ Wetherholt	Jr.	West Virginia
OF	Jake Hyde	Sr.	Georgetown
OF	Josh Johnson	Sr.	Kent State
OF	Ben Vore	So.	Wright State
DH	Bryce Greenly	Sr.	Delaware
P	Kieran Etwaru	So.	Delaware State
P	Michael Foltz	Gr.	George Washington
P	Landon Beidelschies	So.	Ohio State
P	Travis Luensmann	Sr.	Penn State
RP	Logan Berrier	Sr.	Maryland
RP	Deven Sheerin	Fr.	Mount St. Mary's
RP	Jacob Faulkner	Jr.	Princeton

Atlantic - First Team
C	Cole Messina	Jr.	South Carolina
1B	Tanner Thach	So.	UNC Wilmington
1B	Nick Kurtz	Jr.	Wake Forest
2B	Blake Wright	Sr.	Clemson
3B	Alec Makarewicz	Gr.	NC State
SS	Griff O'Ferrall	Jr.	Virginia
OF	Banks Tolley	Sr.	Appalachian St
OF	Vance Honeycutt	Jr.	North Carolina
OF	Joel Dragoo	Jr.	Presbyterian
DH	Caleb Cozart	Sr.	UNC Greensboro
P	Trey Yesavage	Jr.	East Carolina
P	Daniel Eagen	Jr.	Presbyterian
P	Chase Burns	Jr.	Wake Forest
P	Nate Knowles	Jr.	William & Mary
RP	Charlie Beilenson	Gr.	Duke

Atlantic - Second Team
C	Jacob Ference	Gr.	Virginia
1B	Carter Cunningham	Sr.	East Carolina
2B	Zac Morris	Gr.	Duke
3B	Ben Miller	Gr.	Duke
SS	Austin St. Laurent	Jr.	Appalachian St
OF	Ethan Petry	So.	South Carolina
OF	Harrison Didawick	So.	Virginia
OF	Ben Watson	Gr.	Virginia Tech
DH	Grant Knipp	Jr.	Campbell
P	Aidan Knaak	Fr.	Clemson
P	RJ Sales	Jr.	UNC Wilmington
P	Zac Cowan	Sr.	Wofford
RP	Wyatt Lunsford	Jr.	East Carolina

Southeast - First Team
C	Ike Irish	So.	Auburn
C	Brooks Bryan	So.	Troy
1B	Jac Caglianone	Jr.	Florida
1B	Blake Burke	Jr.	Tennessee
2B	Christian Moore	Jr.	Tennessee
3B	Charlie Condon	So.	Georgia
SS	Justin Lebron	Fr.	Alabama
SS	Jon Jon Gazdar	Jr.	Austin Peay
OF	Lyle Miller-Green	Gr.	Austin Peay
OF	James Tibbs III	Jr.	Florida State
OF	Drew Burress	Fr.	Georgia Tech
DH	Ian Farrow	Sr.	Fla. Gulf Coast
DH	Matthew Ellis	Sr.	Georgia Tech
P	Jamie Arnold	So.	Florida State
P	Michael Ross	Jr.	Samford
P	Drew Beam	Jr.	Tennessee
P	AJ Causey	Jr.	Tennessee
RP	Cole Stallings	Jr.	Stetson
RP	Nate Snead	So.	Tennessee

Southeast - Second Team
C	Hayden Gilliland	Sr.	Tennessee Tech
C	Alan Espinal	Jr.	Vanderbilt
1B	Cameron Sisneros	Sr.	East Tennessee
1B	Corey Collins	Sr.	Georgia
2B	John Anderson	Sr.	Samford
3B	Gage Miller	Jr.	Alabama
3B	Cam Smith	So.	Florida State
3B	Daniel Cuvet	Fr.	Miami
SS	Trace Willhoite	Gr.	Lipscomb
SS	Garrett Howe	Sr.	Samford
OF	John Bay	Jr.	Austin Peay
OF	Dylan Dreiling	So.	Tennessee
OF	Kavares Tears	Sr.	Tennessee
DH	Nick Iannantone	Sr.	East Tennessee
DH	Marco Dinges	Sr.	Florida State
P	Blayze Berry	Sr.	Ala.-Birmingham
P	Caleb Granger	Jr.	Florida A&M
P	JD Thompson	So.	Vanderbilt
RP	Dominic Castellano	Jr.	Central Florida
RP	Brennen Oxford	Jr.	Florida State

Midwest - First Team
C	Camden Janik	Jr.	Illinois
1B	Roman Kuntz	Jr.	Morehead
2B	Emilien Pitre	Jr.	Kentucky
3B	Mike Sears	Sr.	Indiana State
SS	Lucas Loos	Sr.	Eastern Illinois
OF	Mark Shallenberger	Gr.	Evansville
OF	Kendal Ewell	Gr.	Illinois-Chicago
OF	Devin Taylor	So.	Indiana
DH	Kip Fougerousse	Sr.	Evansville
P	Merritt Beeker	Jr.	Ball State
P	Brody Brecht	Jr.	Iowa
P	Connor Wietgrefe	Jr.	Minnesota
RP	Mason Burns	Sr.	Western Kentucky

Midwest - Second Team
C	Brandon Heidal	Sr.	Oakland
1B	Luis Hernandez	Jr.	Indiana State
1B	Liam McFadden	Sr.	N. Kentucky
2B	Steven Loden	Sr.	Southern Illinois
3B	Raider Tello	Jr.	Iowa
SS	Michael Hallquist	Sr.	Ball State
SS	Randal Diaz	Jr.	Indiana State
OF	Ryan Waldschmidt	Jr.	Kentucky
OF	Ryley Preece	So.	Morehead
OF	Treyvin Moss	Gr.	N. Kentucky
DH	CJ Richmond	Sr.	Western Michigan
P	Kenton Deverman	Fr.	Evansville
P	Brennyn Cutts	Jr.	Indiana State
P	Luke Helton	Gr.	Morehead
P	Brandon Decker	So.	Oakland
RP	Reece Lawler	Jr.	Illinois-Chicago
RP	Zach Davidson	Sr.	Indiana State

South - First Team
C	Jorge Corona	Jr.	Louisiana Tech
1B	Jared Jones	So.	LSU
1B	Edgar Alvarez	Sr.	Nicholls State
2B	Peyton Stovall	Jr.	Arkansas
3B	Tommy White	Jr.	Louisiana State
SS	Kyle DeBarge	Jr.	Louisiana
2B	John Anderson	Jr.	Samford
3B	Cole McConnell	Sr.	Louisiana Tech
OF	Dakota Jordan	So.	Mississippi St.
OF	Mitchell Sanford	Jr.	New Orleans
DH	Ethan Bates	Sr.	Louisiana Tech
DH	Slade Wilks	Sr.	Southern Miss
P	Hagen Smith	Jr.	Arkansas
P	Luke Holman	Jr.	Louisiana State
P	Jurrangelo Cijntje	So.	Mississippi St.
P	Khal Stephen	Jr.	Mississippi St.
RP	LP Langevin	Jr.	Louisiana
RP	Griffin Herring	So.	LSU

South - Second Team
C	Miguel Useche	Sr.	New Orleans
1B	Trey LaFleur	So.	Louisiana
2B	Steven Milam	Fr.	LSU
3B	Andrew Fischer	So.	Mississippi
SS	David Mershon	So.	Mississippi St.
OF	Zack Stewart	So.	Missouri State
OF	Patrick Clohisy	Jr.	Saint Louis
OF	Dalton McIntyre	Jr.	Southern Miss
DH	Hayden Travinski	Gr.	LSU

Midwest - First Team
(column 4)
P	Gage Jump	So.	LSU
P	Jacob Mayers	So.	Nicholls State
P	Billy Oldham	Sr.	Southern Miss
RP	Colby Allen	So.	Southern Miss

Central - First Team
C	Walker Janek	Jr.	Sam Houston
1B	Jared Thomas	So.	Texas
2B	Harold Coll	Sr.	Houston
3B	Gavin Grahovac	Fr.	Texas A&M
SS	Jalin Flores	So.	Texas
OF	Carson Benge	So.	Oklahoma St.
OF	Max Belyeu	So.	Texas
OF	Braden Montgomery	Jr.	Texas A&M
OF	Jace LaViolette	So.	Texas A&M
DH	Tom Poole	Jr.	Dallas Baptist
P	Ryan Johnson	Jr.	Dallas Baptist
P	Brett Sears	Sr.	Nebraska
P	Brian Holiday	Jr.	Oklahoma St.
P	Payton Tolle	Jr.	TCU
RP	Evan Aschenbeck	Sr.	Texas A&M

Central - Second Team
C	Jake Holland	Sr.	New Mexico
1B	Chayton Krauss	Jr.	Dallas Baptist
2B	Miguel Santos	Sr.	Dallas Baptist
3B	Jay Thomason	Sr.	Air Force
OF	River Orsak	Sr.	Lamar
OF	Nolan Schubart	So.	Oklahoma St.
OF	Cael Frost	Jr.	South Dakota St
DH	Easton Carmichael	So.	Oklahoma
SS	Kaelen Culpepper	Jr.	Kansas State
P	Seungmin Shim	Sr.	Air Force
P	Brooks Caple	Sr.	Lamar
P	Jakob Hall	Jr.	Oral Roberts
P	Ryan Prager	So.	Texas A&M
P	Caden Favors	Sr.	Wichita State
RP	Ben Abeldt	So.	TCU

West - First Team
C	Ryan Campos	Jr.	Arizona State
1B	Austin Kryszczuk	Gr.	UNLV
2B	Travis Bazzana	Jr.	Oregon State
3B	Mitchel Simon	Sr.	Calif. Baptist
SS	Mason White	So.	Arizona
OF	Kien Vu	So.	Arizona State
OF	Gavin Turley	So.	Oregon State
OF	Jakob Christian	Jr.	San Diego
OF	Austin Smith	Jr.	San Diego
OF	Myles Smith	Jr.	UC Irvine
DH	Brandon Compton	Fr.	Arizona State
P	Aiden May	Jr.	Oregon State
P	Tyler Bremner	So.	UC Santa Barbara
P	Ryan Gallagher	So.	UC Santa Barbara
P	Bryson Van Sickle	Sr.	Utah
RP	Bridger Holmes	Jr.	Oregon State

West - Second Team
C	Caleb Lomavita	Jr.	California
1B	Hunter Dorraugh	Sr.	San Jose State
2B	Daniel Dickinson	So.	Utah Valley
3B	Jo Oyama	Sr.	UC Irvine
SS	Woody Hadeen	Jr.	UC Irvine
OF	Jake Steels	Sr.	Cal Poly
OF	Nicholas Dumesnil	So.	Calif. Baptist
OF	Tyler Wilson	Sr.	Grand Canyon
OF	Kai Roberts	Sr.	Utah
DH	Austin Machado	Jr.	Hawai'i
P	Cam Walty	Sr.	Arizona
P	Jakob Wright	So.	Cal Poly
P	Carter Gaston	So.	Portland
RP	Josh Blum	Jr.	USC
RP	Izaak Martinez	Sr.	UC San Diego

Sam Miller
Columbia
(Columbia U. Athletics)

Ryan Gallagher
UC-Santa Barbara
(Jeff Lang/UC Santa Barbara)

East - First Team
C	Josh Lopez	Sr.	Thomas Jefferson
1B	Joe Pellegrino	Sr.	Adelphi
2B	Jorge Burgos	Sr.	Southern NH
3B	Steve Rizzuto	So.	Bentley
SS	Ian Battipaglia	Gr.	Franklin Pierce
IF	Chris McLean	Sr.	Thomas Jefferson
OF	JJ DeVito	Jr.	Molloy
OF	Anthony Manisero	Sr.	Molloy
OF	Harry Vargas Segura	Jr.	Southern NH
OF	Joshua Lopez	So.	Thomas Jefferson
DH	Matt Yip	Sr.	Molloy
UT	Gabe Silva	So.	Thomas Jefferson
P	Mike Caldon	Jr.	Felician
P	Charlie Cucchiara	Gr.	Molloy
P	Dan Brown	Sr.	Pace
P	Austin Trumpour	So.	Southern NH
RP	Samuel Worthen	Sr.	D'Youville

East - Second Team
C	Nolan Elmore	Sr.	Saint Anselm
1B	Matt McIntire	So.	New Haven
2B	Kiobel Lugo	Jr.	Franklin Pierce
3B	Darin Miller	Sr.	Goldey-Beacom
SS	Braden Kolmansberger	Jr.	Goldey-Bea
IF	Alec Boucher	Jr.	D'Youville
OF	Jeremy Glinski	Gr.	D'Youville
OF	Jorsixt Jimenez	So.	Queens College
OF	Marquise Wood	Sr.	Thomas Jefferson
OF	Brandon Grygo	Fr.	Wilmington
DH	Garrett Musey	Sr.	Goldey-Beacom
UT	Chad Fedeli	Jr.	Southern Conn
P	Niklas Pavia	Fr.	Franklin Pierce
P	Ryan Hynes	Sr.	Molloy
P	Liam Carroll	Jr.	New Haven
P	Brennan Holligan	Jr.	Post
RP	Braeden Sparaco	Fr.	Southern Conn

Atlantic - First Team
C	Tyler Shinn	Sr.	Salem
1B	Mike Huber	Jr.	West Virginia St
2B	Zack Saryeldin	Sr.	Concord
3B	Jack Oberdorf	Sr.	Seton Hill
SS	Kyle Waters	Jr.	West Virginia St
IF	Ethan Kiple	Sr.	Frostburg State
OF	Shanley Wall	So.	East Stroudsburg
OF	Fabian Escalante	Sr.	Glenville State
OF	Anthony Boccio	Gr.	West Chester
OF	James Salvatori	Jr.	West Liberty
DH	Payton Conte	Jr.	California
UT	Casey Finck	Sr.	Charleston
P	Brent Francisco	Sr.	East Stroudsburg
P	Alex Mykut	Gr.	Millersville
P	Aidan Layton	Sr.	Seton Hill
P	Gage Gillott	So.	Slippery Rock
RP	Jake Kramer	Sr.	California

Atlantic - Second Team
C	John DeMucci	Sr.	West Chester
1B	Mackenzie Wainwright	Fr.	Salem
2B	Mark McNelly	Jr.	Millersville
3B	Braden Killens	Jr.	Wheeling
SS	Sean Szestowicki	Sr.	West Chester
IF	Mikey Guy	Jr.	Frostburg State
OF	Randy Steen	Jr.	Frostburg State
OF	Jacob Houtz	Jr.	Mansfield
OF	Chris Juchno	Jr.	Mercyhurst
OF	Jeff Sabater	Jr.	Millersville
DH	JD Armstrong	Gr.	Charleston
UT	Keegan Soltis	Jr.	Millersville
P	Corbin Foy	So.	Mercyhurst
P	Jaxon Dalena	Jr.	Shippensburg
P	Julian Costa	So.	West Chester
P	Chris Morris	Jr.	West Virginia St.
RP	Caden Parker	Jr.	East Stroudsburg

Southeast - First Team
C	Jack Enrico	Fr.	Young Harris
1B	David Lewis	Jr.	North Greenville
2B	Cam Harris	So.	Wingate

NCAA ALL-REGION TEAMS - DIVISION II

Cam Harris - Wingate
(WU Athletics)

3B	Kasten Harvey	Jr.	Lincoln Memorial
SS	Ethan Wilder	Sr.	Lander
IF	Tyler McPeak	Gr.	Lenoir-Rhyne
OF	Carson Boles	Jr.	Lincoln Memorial
OF	Donovan Ford	Jr.	Newberry
OF	Kody O'Connor	Jr.	UNC Pembroke
OF	Sean Barnett	Jr.	Wingate
DH	Joey Rezek	Jr.	UNC Pembroke
UT	Cam Mitchem	Sr.	Southern Wesleyan
P	John Luke Glanton	So.	Georgia College
P	Rijnaldo Euson	Jr.	Georgia SW St.
P	Reece Fields	Gr.	North Greenville
P	Zach Murray	Sr.	Young Harris
RP	Dylan Beck	Jr.	Young Harris

Southeast - Second Team
C	Bo Rusher	Sr.	Catawba
1B	Brett Adams	Sr.	Wingate
2B	Josean Sanchez	Jr.	Erskine
3B	Matthew Mebane	Jr.	Georgia College
SS	Kyle Lodise	So.	Augusta
IF	Jeremy Begora	Jr.	Young Harris
OF	Win Johns	Sr.	Columbus State
OF	Derek Wylie	Sr.	Columbus State
OF	Brandon Bellflower	Sr.	Georgia College
OF	Michael Dolberry II	Sr.	UNC Pembroke
DH	Connor Droze	Jr.	Lander
UT	Connor Tucker	Jr.	Belmont Abbey
P	Payne Stolsworth	Gr.	Catawba
P	Nick McCollum	Sr.	Georgia SW St.
P	Erik Johnson	Sr.	Mount Olive
P	Jonathon Jacobs	Jr.	UNC Pembroke
RP	Nate Roof	Sr.	North Greenville

South - First Team
C	Santiago Garavito	Jr.	Tampa
1B	Darrien McDowell	Jr.	West Florida
2B	Jonathan Logsdon	Sr.	Albany State
3B	Dylan Coleman	Jr.	Delta State
SS	Merik Carter	So.	Ala.-Huntsville
IF	Cam Suto	Jr.	Lee
OF	Brandon Daniels	Gr.	Lee
OF	Jacob Pajer	Sr.	Shorter
OF	EJ Cumbo	Sr.	Tampa
OF	Jovanni Canegitta	Jr.	Valdosta State
DH	JP Gates	Gr.	Tampa
UT	Dennis Pierce	Sr.	Valdosta State
P	Jack Nedrow	Jr.	Lee
P	Luke Lashutka	Sr.	Saint Leo
P	Alex Canney	Jr.	Tampa
P	Skylar Gonzalez	Sr.	Tampa
RP	Andrew Carson	Jr.	Tampa

South - Second Team
C	Alex Brodie	Jr.	Shorter
1B	Callan Moss	Sr.	Saint Leo
2B	Chase Bruno	Sr.	Embry-Riddle
3B	Zach Dew	Gr.	Auburn-Mont.
SS	Seth Williams	Jr.	Spring Hill
IF	Freddy Rodriguez	So.	Barry
OF	Luke Addison	Sr.	Albany State
OF	Leon Paulino	Jr.	Lynn
OF	Caleb Reese	Sr.	Mississippi College
OF	Caleb Reese	Sr.	Mississippi College
DH	Hunter Stowe	Jr.	Valdosta State

P	Chase Oberle	Jr.	Ouachita Baptist
P	Kolby Kiser	Sr.	SW Minnesota
P	Corbin Kirk	Jr.	Wayne State
RP	Valek Cisneros	Sr.	Central Okla.

South Central - First Team
C	Tripp Clark	Sr.	Angelo State
1B	Dylan Fesperman	Sr.	West Texas A&M
2B	Jonathan Gonzalez	Sr.	Colorado Mesa
3B	Brevin McCool	Jr.	Lubbock Christian
SS	Carson Ogilvie	Jr.	Lubbock Christian

Midwest - First Team
C	Matt Magno	Sr.	Northwood
1B	Austin Simpson	Jr.	Quincy
2B	Joey Parliment	Sr.	Trevecca Nazarene
3B	Mikey Kocen	Jr.	Lewis
SS	Alex Epp	Sr.	William Jewell
IF	Andrew Buescher	Jr.	Miss.-St. Louis
OF	Braedon Stoakes	Jr.	Miss.-St. Louis
OF	Reed Raymond	Jr.	Saginaw Valley
OF	Cole McCallum	Jr.	Trevecca Nazarene
OF	Evan Jilbert	Jr.	William Jewell
DH	Hayden Jatczak	Jr.	Saginaw Valley
UT	Dustin Dupont	Jr.	Quincy
P	Jacob Kroeger	Sr.	Maryville
P	Griffin Kirn	Jr.	Quincy
P	Karter Fitzpatrick	Sr.	Wayne State
P	Caleb Marks	Jr.	Trevecca Nazarene
RP	Jake Jekielek	Sr.	Northwood

Midwest - Second Team
C	Ivan Dahlberg	So.	Illinois Springfield
1B	Will Shannon	Jr.	Hillsdale
2B	Gavin Dobbels	So.	Ashland
3B	Jonas Gulbrandsen	Jr.	Grand Valley St
SS	Jack Zebig	So.	Maryville
IF	Brandon Scheurer	Sr.	Saginaw Valley
OF	Cam Farrar	Jr.	Findlay
OF	Adonis Forte	Jr.	Rockhurst
OF	Colin Cornwell	Sr.	Saginaw Valley
OF	Jake Wilcox	Sr.	William Jewell
DH	Blake Salamon	Sr.	Northwood
UT	Tommy Thamann	Sr.	Tiffin
P	Cam Scott	Jr.	Ashland
P	Marshall Leishman	Jr.	Ashland
P	Mike Morawski	So.	Grand Valley St.
P	Evan Oakley	So.	Kentucky Wesleyan
RP	Leo Berger	Fr.	Wisc.-Parkside

Central - First Team
C	Troy Shields	Sr.	Okla. Baptist
1B	Josh Patrick	Jr.	Central Missouri
2B	Isiah Lissade	Sr.	Okla. Baptist
3B	Dylan Kurahashi	Gr.	Pittsburg State
SS	Jack Hines	Sr.	Augustana
IF	Henry Kusiak	Sr.	Miss. Southern
OF	Camden Tanner	Fr.	Ark.-Monticello
OF	Brennen vanBreusegen	Sr	Central Miss
OF	Carter Young	Sr.	Central Missouri
OF	Nick Thimsen	Sr.	Concordia St Paul
DH	Alex Schroeder	So.	Okla. Baptist
UT	Cash Jay	Jr.	Washburn
P	Caleb Saari	So.	Augustana
P	Conner Wolf	Jr.	Central Missouri
P	Maddox Long	Sr.	Harding
P	Cole Gayman	Jr.	Miss. Southern
RP	Mark Schommer	Sr.	U. of Mary

Central - Second Team
C	Nixon Brannan	Jr.	Pittsburg State
1B	Dylan Bradford	Jr.	NW Oklahoma
2B	Tyson Fourkiller	Jr.	Northeastern St
3B	Cal James	Gr.	St. Cloud State
SS	Chase McDaniel	Sr.	SW Minnesota
P	Kota Suzuki	Sr.	Hawaii Pacific
IF	Jacob Steele	Jr.	Central Missouri
DH	Jake Entrekin	Jr.	Point Loma Naz.
UT	Kaden Kirshenbaum	Sr	Montana-Billings
P	Rhys Stevens	Jr.	Cal Poly Pomona
P	Gabe Tanner	Jr.	Cal St. East Bay
P	Kyle Ethridge	Sr.	Northwest Naz.
P	Bryan Peck	Jr.	Westmont
P	Preston Kelly	So.	Cal St. San Marcos

South Central - Second Team
C	Adam Paniagua	Jr.	Regis
1B	Ethan Bedgood	Jr.	Texas-Tyler
2B	Tyler Tobey	So.	MSU Denver
3B	Abiam Medina	Jr.	Tex. A&M Intern.
SS	Mike Bathauer	Sr.	Adams State
IF	Clayton Conn	Jr.	Regis
OF	Jacob Guerrero	Jr.	Angelo State
OF	Kolby Felix	So.	Colorado Mesa
OF	Levi Padilla	Sr.	Regis
OF	Nathan Carriere	Sr.	Texas-Tyler
DH	Zach Schuler	Sr.	MSU Denver
UT	Luke Folsom	Sr.	Col. School of Mines
P	Alezeah Gutierrez	Jr.	Angelo State
P	Caleb Ruter	Jr.	Colorado Mesa
P	Ryan Markwardt	Jr.	Lubbock Christian
P	Isaac Ponce	Sr.	Texas A&M Intern.
RP	Ethan Voss	Jr.	Colorado Mesa

West - First Team
C	Johnny Pappas	Jr.	Cal Poly Pomona
1B	Jaden Sheppard	Jr.	Cal St. Monterey
2B	Luke Reece	Jr.	Cal St. San Marcos
3B	Garrett Teunissen	Jr.	Cal St. San Marcos
SS	Scott Anderson	Sr.	Point Loma Naza.
IF	Justin Johnson	Sr.	San Francisco St
OF	Jack Sanders	Jr.	Cal Poly Pomona
OF	Ben Leed	Jr.	Central Wash.
OF	KW Quilici	Jr.	Cal St. Monterey
OF	Eric Smelko	Gr.	Point Loma Naz.
DH	Noah Karliner	Jr.	CS-Dominguez Hills
UT	Mikey Easter	Sr.	Azusa Pacific
P	Caleb Reyes	Sr.	Cal Poly Pomona
P	Jake Covey	Jr.	Concordia Irvine
P	Dylan Miller	Sr.	Point Loma Naz.
P	Colin Driscoll	Sr.	Saint Martin's
RP	James Sashin	Gr.	Point Loma Naz.

West - Second Team
C	Austin Ohland	Sr.	Central Wash.
1B	Jack Nehler	So.	Montana-Billings
2B	Esai Santos	Gr.	Point Loma Naz.
3B	Daniel Patterson	Jr.	Westmont
SS	Daniel Monti	Sr.	Sonoma State
IF	Jacob French	Fr.	San Francisco St
OF	Troy Kent	Jr.	Chico State
OF	Isaiah Marquez	Jr.	Cal State LA
OF	JJ Engman	Sr.	Cal St. Monterey
OF	Carson Wright	So.	NW Oklahoma
OF	Jackson Syring	Jr.	SW Oklahoma
OF	Payton McHarg	Sr.	Washburn
OF	Carter Thomas	So.	Wayne State
DH	Bennett McCollow	Jr.	Conc. St Paul

2024 ABCA/RAWLINGS HONORS NCAA ALL-REGION - DIVISION III

Region 1 - First Team
C Cole Palmeri Sr. Colby
1B Nathan Stafford Fr. Coast Guard
2B Christian Homa Jr. Salve Regina
3B Brant Savage Sr. Babson
SS Riley Hasson Sr. Johnson & Wales
SS Jacob Hand Sr. WPI
OF Matt D'Amato Gr. Salve Regina
OF Trevor Juan Jr. Johnson & Wales
OF Cole Lalli Sr. Middlebury
OF Kyle McCausland Jr. Middlebury
DH Mitch Schroeder Sr. Middlebury
UT Francis Ferguson Sr. Eastern Nazarene
P Sean Mulligan So. Salve Regina
P Justin Lessing Jr. Middlebury
P Chris Gibbs Jr. Mitchell

Region I - Second Team
C Owen Davis Jr. Johnson & Wales
1B Beau Root Sr. Middlebury
1B Jackson Curtis Sr. Husson
2B Ernie Little So. Wesleyan
3B Brady O'Brien Jr. Colby
SS Chris Borter Sr. Middlebury
OF Marcus Forrester Sr. Colby
OF Evan O'Rourke So. Salve Regina
OF Cooper O'Brien Jr. Colby-Sawyer
OF Teddy Schoenfeld Sr. MIT
OF Malachi Pena Fr. Tufts
DH Hunter Yaworski Sr. Salve Regina
P Aidan Vining So. Johnson & Wales
P Ryan McCarroll Jr. Wheaton
P Jack Eshleman Jr. Hamilton
P Vito Giordano Fr. Coast Guard
P Cam Varney Sr. Mitchell

Region I - Third Team
C Parker Madden Jr. Coast Guard
1B James Brandon Sr. Lesley
2B Tanner Santos Jr. Babson
SS Mike Maher Sr. Wheaton
SS Patrick Shrake Fr. Colby
OF Jackson Sattinger Sr. Hamilton
OF Dylan Schnitzer So. Trinity
OF Michael Finch Sr. MIT
UT Dylan Watson So. Colby-Sawyer
P Matt Wallingford Jr. Husson
P Max Gitlin Sr. Clark
P Silas Reed Sr. Tufts
P Ryan Karman Fr. Coast Guard
P Jason Arrigo Jr. Salve Regina
P Derek Woods So. Colby

Region 2 - First Team
C Jack Morin Sr. Roger Williams
1B Kyle Douin So. Southern Maine
2B Aidan Blake Sr. UMass Boston
3B Brett Velzis Sr. Mass. Maritime
3B Cody Waterbury Sr. Western NE
SS Johnny Knox Sr. Nichols
OF Ryan Boyle Jr. Framingham St
OF Justin Gouveia So. UMass Boston
OF Brennan Hyde Sr. Nichols
DH Garret Roberts Jr. Suffolk
UT Harry Painter Jr. Suffolk
P John Connolly Sr. Endicott
P Jordan Gottesman Sr. Endicott
P Ryan Lapierre Jr. Westfield State
P Adam Maher Jr. UMass Dartmouth

Region 2 - Second Team
C Jacob Hurrell Jr. Fitchburg State
1B AJ Pietrafesa Sr. Mass. Maritime
1B Daniel Trzepacz Jr. Rhode Island Col
2B Scott Emerson Jr. Bridgewater St
2B Devyn Vezina Jr. UMass Dartmouth
3B Andrew Possi Sr. UMass Dartmouth
SS Jonny Gilbride Sr. Suffolk
SS Kevin Lindsay Sr. Bridgewater St
SS TJ Liponis So. Endicott
OF Joey Frammartino Sr. Endicott
OF Aidan Hawley Sr. Roger Williams
OF Ray Leonzi Jr. Eastern Conn St.
DH Cole Podedworny Sr. Rhode Island Col
UT Sam Palmer Jr. Westfield State
P Kyan Bagshaw Sr. Endicott
P Nathan Furino Gr. Eastern Conn St.
P Charlie Hale Fr. Endicott
P Dillon Ryan Sr. UMass Boston

Region 2 - Third Team
C A.T. DiPina Sr. Wentworth
C Mathew Pigeon Gr. Bridgewater St
1B Danny MacDougall Jr. Endicott
2B CJ Demers Jr. Gordon
2B Lucas McElroy So. Rhode Island Col
3B Bostyn Burris Sr. UMass Boston
SS Johnny Bova So. Western NE
SS Zach Donahue Sr. Eastern Conn St.
OF Ben Jerome Sr. Nichols
OF Nic Notarangelo Sr. Endicott
OF Anthony Poole Jr. Southern Maine
DH Brendan O'Neil Gr. Endicott
UT Dylan Pacheco Sr. Endicott
UT Matthew Wootton Jr. Eastern Conn St.
P Nick Cannata Sr. Endicott
P Aidan O'Donnell So. UMass Dartmouth
P Evan Scully So. Endicott

Region 3 - First Team
C Caleb Miller So. Union
1B Liam Daly So. SUNY Purchase
2B Michael Boccarossa Gr. SUNYNew Paltz
3B James Murphy So. St. John Fisher
3B Freddy Forgione Sr. SUNY Maritime
SS Tommy Kreider Jr. SUNY New Paltz
OF Mat Bruno Gr. Cortland
OF Brendan Espinal Jr. Russell Sage
OF Jelani Hamer Sr. Oswego State
OF Liam McIlroy So. Union
DH Alex Bardi So. SUNY Maritime
UT Tyler Reistetter Sr. Merchant Marine
P Johnny Dougherty Sr. Farmingdale St
P Luis Misla Jr. Cortland
P Nolan Sparks Sr. Rochester

Region 3 - Second Team
C Logan Hutter Jr. SUNY Oneonta
1B Brian Norsen Gr. St. John Fisher
1B Jeff Stearnes Sr. Russell Sage
3B Joey Dwyer So. SUNY Oneonta
SS Alex Kornblau Jr. Plattsburgh St
OF Chris Bonacci Jr. Cortland
OF Anselmo Joya Jr. St. Joseph's (L.I.)
OF Anthony Madigan Sr. SUNY Maritime
OF Jason Story Sr. Utica
DH John Lynch Sr. St. Joseph's (L.I.)
UT Sean Liquori Sr. SUNY Oneonta
P Ethan Cetton Sr. Houghton
P Colin Leyner Jr. Ithaca
P Brandon Stanley So. SUNY Maritime
P Andrew Veit Gr. Plattsburgh St
P Xavier Zykoff So. SUNY New Paltz

Region 3 - Third Team
C Ty Gallagher Sr. Hobart
1B Owen Parliament Sr. Oswego State
1B Nolan Smith Fr. Cortland
2B Ryan Wasserman So. Farmingdale St
3B Dylan Mackenzie Jr. Cortland
3B Kyle Zaslaw Jr. Union
SS Mike DiFilippo Jr. St. Joseph's (L.I.)
SS Nick Lemire Sr. St. John Fisher
SS Christian Pagano Jr. Fredonia
OF Michael Ascanio Sr. SUNY New Paltz
OF Bobby Pollock Sr. Farmingdale St
OF Jordan Ramlogan Jr. St. Joseph's (L.I.)
UT Rob Manetta Jr. SUNY Old Westbury
P Ethan Fulton So. St. John Fisher
P John Griffin Jr. Ithaca
P Tommy Lynch So. Cortland
P Patrick McGuire Sr. St. John Fisher
P Matt Sarni So. SUNY New Paltz

Region 4 - First Team
C Tommy Ajjan Sr. Arcadia
1B Sam Angelo Gr. Montclair State
2B Tyler Cannon Sr. Rowan
3B Cam Dunn Sr. NYU
SS Zack Bailey Gr. Ramapo
OF Darren Hagan Jr. Keystone
OF Garrett McIlhenney Gr. Misericordia
OF Jason Morgan Jr. Rowan
OF Phil Sedalis Jr. Rowan
DH Dylan Maria Sr. Rowan
UT Connor Maryniak Jr. Misericordia
P Jack Haveson Sr. Montclair State
P Mike Shannon Sr. Rowan
P Erik Sibbach So. Stevens
P Joe Valenti So. Misericordia

Region 4 - Second Team
C Brock Bollinger Jr. Misericordia
1B Tyler Warr Sr. Cairn
1B Jacob Yager Jr. Keystone
3B Andrew Fernandez Jr. TCNJ
3B Aaron Santos Jr. Fairleigh Dickinson
3B Trevor Smith So. St. Mary's
SS Justin Marcario Jr. TCNJ
OF JT Anderosky So. DeSales
OF Joe Comins Gr. Misericordia
OF Nate Pallotta Jr. NYU
OF Tyler Stone So. Kean
DH Anthony Bruno Jr. Arcadia
DH Shane Stossel Gr. Lebanon Valley
UT Phil Marcantonio Sr. Kean
P Ben Amon Gr. TCNJ
P Josh Berzonski So. Penn St Harrisburg
P Sean Brennan Jr. Keystone
P Chris Kaponis So. Fairleigh Dickinson
P Kyle Mahady Sr. Penn St Harrisburg
P Reece Miller Jr. Stockton
P Rob Salvatore Jr. Kean

Region 4 - Third Team
1B Nick Argenziano Gr. NYU
1B John Higgins Sr. Ramapo
SS Carlos Irizarry So Penn St Harrisburg
OF Kyle Adorno Jr. Kean
OF Rich Cirigliano So. CCNY
OF Dallas Griess Fr. Penn College
OF Eric Recchia Jr. Rutgers-Newark
OF Jack Tallent Fr. Ramapo
DH Eli Somers Jr. Stevens
P Will Conroy Sr. Arcadia
P Joe Gonzalez Jr. Stevens
P Jordan Gray Sr. TCNJ
P Mikey Gutierrez Fr. Cairn
P Jackson Malouf Jr. TCNJ

Region 5 - First Team
C Caleb Cyr Sr. Johns Hopkins
C Ryan Thompson Jr. Dickinson
1B Logan Yi Sr. Washington
2B Mike Ramundo Sr. Alvernia
3B Tony Rossi Jr. Susquehanna
SS David Woolley So. Elizabethtown
OF Chris Betler Jr. York
OF Andrew Kell Jr. Salisbury
OF Tim Petrucelli Sr. Salisbury
DH Jason Kelly Sr. Alvernia
UT Quinten Perilli So. Elizabethtown
P Joe Alexander Gr. Hood
P Stephen DiBattista Jr. Immaculata
P Nathan Stein Jr. Messiah
P Roman Tozzi So. Catholic

Region 5 - Second Team
C Nick Payne Jr. Centenary
1B Joshua Ammons Sr. Messiah
1B Jack Pistner Jr. Gettysburg
1B Joey Wright Jr. Immaculata
2B Harry Genth Jr. Haverford
3B Jake Elston Jr. Scranton
3B Shawn Steuerer Jr. Johns Hopkins
SS Bobby Leitzel Sr. Marymount
OF Jack Balcer Fr. Widener
OF Isaiah Parido So. Messiah
OF Alex Shane So. Johns Hopkins
OF Aidan Sullivan So. Swarthmore
DH Drew Kinsey So. Washington
P Frank Ebling Sr. Gwynedd Mercy
P Nick Ferraioli So. Alvernia
P David Muirhead Jr. Marymount
P Mike Rabayda Sr. Haverford
RP Jason Carpenter Sr. Scranton

Region 5 - Third Team
C Joey Woodrow Jr. Juniata
1B Zach Burton Gr. Catholic
1B Danny Sheeler So. Salisbury
2B Kyle Brex Gr. Salisbury
3B Jaden Dickerson Jr. Cabrini
3B Michael Tinneny Jr. York
SS Dylan Whitney Sr. Johns Hopkins
OF Cam Day Jr. Hood
OF Ethan Haddock Fr. McDaniel
OF Kaden Sigmon Jr. Dickinson
OF Evan Wagaman Jr. Messiah
P Kieren Collins Gr. Johns Hopkins
P Dutch DeProspero Jr. Hood
P Daniel Johnson Sr. Scranton
P Koll Peichel Jr. Dickinson
P Quinn Rovner So. Johns Hopkins
RP Zach Silfies Gr. Elizabethtown

Region 6 - First Team
C Hunter Hollman Jr. Methodist
1B Isaiah Hairston Gr. Guilford
2B Davie Morgan Sr. NC Wesleyan
3B Thomas Crandall Sr. Virginia Wesleyan
SS Jonny Wall Sr. Roanoke
OF Tyson Bass Sr. NC Wesleyan
OF Ben Burkhart Jr. Rhodes
OF Zach Ferrell Gr. Pfeiffer
OF Quinn Madden Jr. Lynchburg
OF Matthew Sicoli Jr. Emory
DH Ian Hancock Sr. Birm.-Southern
UT Ben Prather So. Centre
P Cord Butler Sr. NC Wesleyan
P Brandon Cassedy So. Christ. Newport
P Dylan Weber Jr. Christ. Newport

Region 6 - Second Team
C Lincoln Lubsen Jr. Christ. Newport
1B Chandler Ballenger Gr. Shenandoah
1B Myles Webb Sr. Randolph-Macon
2B Andrew Dutton Sr. Birm.-Southern
2B Joey Garcia Jr. Berry
3B Pearce Bucher So. Shenandoah
3B Zac Graham Sr. Maryville
SS Frankie Ritter Gr. Shenandoah
OF Trace Cate Sr. Piedmont
OF Colin Dunworth So. Maryville
OF Gavin Horning Gr. Shenandoah
OF Bryce Thacker Sr. Ferrum
DH Ty Lowe Sr. Mary Washington
P Gavin Riley Jr. Mary Washington
P Zac Sohosky So. Rhodes
P Zeke Swartz Jr. Piedmont
P Braden Simms Jr. Piedmont
RP Sam Slevin Jr. Randolph-Macon

Region 6 - Third Team
1B Micah Fox Sr. Virginia Wesleyan
1B Cale Oehler Jr. Brevard
2B Brandon Mauger Fr. Methodist
3B Adam Bland Gr. Hendrix
3B Zach Wernoski Fr. Randolph-Macon
3B Hayden Giordano Fr. Roanoke
SS Brandon Garcia So. Lynchburg
SS Josh Reinhold Sr. Christ. Newport
OF Nick Brunswick Sr. Berry
OF Ryan Schwarz Jr. Mary Washington
OF Owen Shaw Jr. Hendrix
DH Carter Schmitt So. Randolph-Macon
P Dalton Brooks Sr. LaGrange
P Joe Christopher Jr. Bridgewater
RP Zach Heavern So. Centre
RP Kyle Lewis Jr. Christ. Newport
RP Joey Mitchell Fr. Shenandoah

Region 7 - First Team
C Harrison Poeszat Sr. Kalamazoo
1B Dane Camphausen Gr. Case Western
1B Noah Leib Sr. Denison
2B Alex Richter Jr. Marietta
3B Patrick Gillen So. Calvin
3B AJ Reid Jr. Wabash
SS Jacob LaDuca Jr. Washington & Jeff.
OF Eric Colaco Jr. Denison
OF Edrick Padilla Sr. Ohio Wesleyan
OF Scout Zaas Jr. Washington & Jeff.
DH Ryan Kramer So. Wooster
UT Jack Anderson Gr. Case Western
P Nick Guidas Sr. Grove City
P Will Rettig So. Denison
P Michael Vallone So. DePauw

Region 7 - Second Team
C Jack Lutte Fr. Denison
1B Avery Carnicom Sr. Alma
1B AJ Miranda Gr. Adrian

Kyle Douin
Sothern Maine
(James Liebowitz Photo)

Erik Sibbach
Stevens Tech
(Dave Janosz,
Dynamic Elements Photos)

Michael Hilker
Wisc.-Whitewater
(UW-Whitewater Athletics)

Tyler Gutsfeld
Illinois Tech
(IT Athletics)

SS Ethan Tuttle Jr. Spalding
OF Tysen Lipscomb Sr. Franklin
OF Alex DiVito Sr. North Park
OF James Theodore Fr. Webster
DH Brennan Fisher Sr. Benedictine
DH Nathaniel Martinez Sr. Webster
DH Nik Panico Sr. Aurora
UT Landon Clark Jr. Miss. U. for Women
UT Clayton Miller Sr. Wash.-St. Louis
P Austin Pizer Jr. Benedictine
P Cole Shamhart So. Illinois Wesleyan
P Tyler Gronert Sr. Milwaukee Eng.
P Caden Krystofiak So. Spalding

Region 8 - Third Team
1B Jamie Perebzak Sr. Otterbein
2B Andrew Witte Sr. Mount Union
3B James Powers Gr. Case Western
SS Nic Bruder Fr. Adrian
SS Brayden Quincel Sr. Otterbein
OF Erik Daugenti Jr. John Carroll
OF Matt Jennings Jr. Allegheny
OF Joey Marousek Jr. Baldwin Wallace
OF Josh Minnich Jr. Grove City
DH Drew Garth Jr. Washington & Jeff.
UT Tyler Quade Jr. Mount Aloysius
UT Trent Valentine Sr. Marietta
P Zachary Breeden Jr. Mount Union
P Jakob Charles So. Adrian
P Noah Truax Sr. Ohio Northern
P Tyler Walker So. Baldwin Wallace

Region 7 - Third Team
C Andrew Stechschulte Jr Ohio Northern
1B Nolan Lutz Sr. Washington & Jeff
2B Luke Thomas Sr. Wittenberg
3B Alex Nemunaitis So. Wittenberg
SS Silvio Ionadi So. Penn St Behrend
OF Colin Czajkowski Sr. Alma
OF James Domer So. Pitt-Greensburg
OF Adam McVicker Gr. Heidelberg
OF Robbie Stuursma Sr. Hope
DH Nick Jacobs Sr. Thiel
UT Sam Bevin Fr. Grove City
P Brady Hansen Jr. Mount Union
P Joe Horoszko Sr. Wittenberg
P Trent Johnson Jr. Hope
P Jackson Powers Jr. Heidelberg
P Quinn Saunders Fr. Case Western

Region 8 - First Team
C Hunter Strong Jr. Spalding
1B Landon Mokris Sr. Greenville
2B Henry Mitcham Jr. Transylvania
3B Alex Christie Sr. Hanover
SS Karl Peters Jr. Webster
SS Trent Youngblood Sr. Transylvania
OF Sam Buduris Jr. Eureka
OF Tyler Gutsfeld So. Illinois Tech
OF Joe Lukancic Fr. Aurora
DH Connor Blake Sr. Illinois Tech
UT Bobby Bartlett Sr. North Park
P Caleb Buehrle Gr. Millikin
P John Girard So. Hanover
P Cameron Rayborn So. Spalding
P Bryce Schaum Jr. Carthage

Region 8 - Second Team
C Logan Gregorio So. Benedictine
1B Kevin Bushnell So. Benedictine
1B Michael Paxson Jr. Illinois Tech
2B Justin Swanson Sr. North Park
3B Kyle Gibson Jr. Millikin
SS Nico Bermeo Sr. Aurora

3B Joe Becker Sr. Saint John's
SS Matt O'Leary Sr. Beloit
OF Louie Bartletti Jr. Illinois College
OF Eliot Jurgensen Jr. Wartburg
OF Hayes Waddell Sr. Macalester
OF Nate Witte Jr. Wisc.-La Crosse
UT Bryce Crabb Gr. Northwestern
P Trey Castile Sr. Simpson
P Drew Hedtke So. Bethany Luth.
P Charlie Jaeger Sr. Dubuque
P Vince Tinajero Jr. Cornell College
P LJ Waco Sr. Wisc.-Oshkosh

Region 10 - First Team
Adam Dapkewicz Gr. Claremont
1B Isaac Kim Sr. Pomona-Pitzer
1B Julian Sanders Sr. Claremont
2B Blake Wink Gr. Aurora
3B Riley Hood So. McMurry
SS Noah Meffert Sr. George Fox
OF CJ Colyer So. Pacific
OF Dane Jones Sr. LeTourneau
OF JC Ng Jr. Pomona-Pitzer
DH Andrew Mazzone Gr. Claremont
P Sayers Collins Gr. E. Texas Baptist
P Julien Hernandez Sr. Whitman
P Jake Hilton Jr. Pomona-Pitzer
P Hannoh Seo So. Pomona-Pitzer
P Jackson Teer Jr. Trinity

Region 10 - Second Team
C Nathan Perry So. La Verne
C Michael Smosna So. McMurry
1B Rhett Grosz Sr. Mary Hardin-Baylor
2B Tassos Foster Sr. Willamette
3B Jacob Evangelista Sr. E. Texas Baptist
3B Elijah Maris Jr. Linfield
SS Greg Pierantoni Fr. Pomona-Pitzer
OF Nate Jakobs Sr. Pomona-Pitzer
OF Maxwell Mims Sr. Southwestern
OF Aidan Warren Sr. Schreiner
DH Adam Peavy So. Texas Lutheran
UT Teige Barrett Sr. Whittier
P Hamilton Finefrock Jr. Claremont
P Cody Myers So. Centenary
P Jonathan Newman Sr. Trinity
P Eric Prough Sr. Pomona-Pitzer
P Gerald Terry Sr. La Verne
P Niko Urquidi Fr. La Verne

Region 10 - Third Team
C Halen Otte So. Whitman
C Evan Taylor Jr. Buena Vista
1B Chris Morrow Sr. Concordia
2B Dillon Martin Fr. Claremont
3B Jeff Hoffman Sr. Willamette
SS Dylan Burnaman Jr. E. Texas Baptist
2B Mac Born Jr. Wisc.-La Crosse
2B Andy Thies So. Wisc-Whitewater
3B Matt Odom Sr. Macalester
SS Mason Brock Sr. Crown
OF Lew Rice Sr. Whittier
OF Brett Wagner Sr. E. Texas Baptist
OF Matthew Carlsen Sr. Bethel
OF Mason Cox Sr. Martin Luther
UT Davis Franklin Jr. Puget Sound
OF Jake Surane Sr. Wisc.-Oshkosh
OF Chris VandenHeuvel Jr. Wisc.-Lacrosse
DH Jacoby Endreas So. Wisc.-Stout
UT Mason Kirchberg Jr. Wisc.-Oshkosh
P Adrian Montenegro Jr. Dallas
P Jagger Neely Jr. E. Texas Baptist
P Layton Wagner Gr. Willamette

Region 9 - First Team
C Daniel Rogers Sr. Loras
1B Eli Frank Jr. Wisc-Whitewater
2B Howie Hatton Gr. Crown
3B Bradley Comer Jr. Wisc-Stevens Point
SS Colin Husko So. Dubuque
OF Jake Brosius Jr. Coe
OF Jacob Charon Sr. Lawrence
OF Parker Knoll Jr. Lawrence
OF Matt Scolan Jr. Wisc-Whitewater
DH Brett Kiger Sr. Beloit
UT Sam Lavin Sr. St. Olaf
P Quinn Berglin Sr. Lawrence
P Johnny Blake Sr. Dubuque
P Brock Brumley Sr. St. Olaf
P Michael Hilker Jr. So. Wisc-Whitewater

Region 9 - Second Team
C Anthony Tomczak Jr. Wisc-Stevens Pt.
1B George Seaman Jr. Wisc.-La Crosse
2B Tanner Benson Sr. Howard Payne
OF Connor Massimini So. E. Texas Baptist
SS Mason Brock Sr. Crown
OF Edan Perez Sr. Lawrence
OF Robert Croft So. E. Texas Baptist
P Hunter Dryden Sr. Whitworth
P Brandon Menzel Sr. Chapman
P Cael Boehmer Sr. Wartburg
P Jack Hagen Fr. Wisc-Whitewater
P Aiden Pfeifer So. Wisc.-Superior
P John Solfest Gr. Bethel

Region 9 - Third Team
C Gavin Scurr Jr. Luther
1B Chris Knowles So. Gustavus Adolphus
1B Joshua Matanich Gr. Luther
1B Justin Sedin Sr. Wisconsin-Stout
2B Kale Rose Jr. Cornell College

**(POSITION PLAYERS AND PITCHERS OF THE
YEAR ARE UNDERLINED)**

2024 ABCA/Rawlings Honors Pacific Division JC

NAIA All-America Teams

2024 ABCA/Rawlings Gold Glove Winners

Northern California JC - First Team
Pos	Name	Yr	School
C	Niko Lombardi	Fr.	Ohlone
1B	Drew Reynolds	So.	Lassen
IF	JP Acosta	Fr.	Fresno City
IF	Louis Zulaica	So.	Gavilan
IF	Connor Ross	So.	Solano
IF	Jayce Dobie	So.	West Valley
OF	Max Ross	Fr.	Cañada
OF	Brody Rasmussen	So.	Lassen
OF	Dominic Rodriguez	Fr.	San Joaquin Delta
OF	Jackson Berry	So.	Taft
DH	Nico Azpilcueta	So.	Ohlone
UT	Max Debiec	So.	Folsom Lake
P	Devon Daniel	Fr.	Fresno City
P	Ray Hernandez	So.	Ohlone
P	Hekili Robello	So.	Santa Rosa
P	Caden Hunter	So.	Sierra
RP	Jeremy Maldonado	Fr.	Marin

Northern California JC - Second Tearm
Pos	Name	Yr	School
C	Matteo Mendoza	So.	Marin
1B	Matteo Bellisimo	So.	Marin
IF	Aidan Robles	Fr.	Butte
IF	Lucas Schaefer	So.	Marin
IF	Will Vasseur	So.	Monterey Pen.
IF	James Bose	So.	West Valley
OF	Jacob Pappas	So.	Cabrillo
OF	Jared Stevenson	So.	Feather River
OF	Will Bowen	So.	San Mateo
OF	Alex Leopard	So.	Santa Rosa
DH	Aidan Taclas	So.	San Mateo
UT	Rocco Borrelli	So.	Los Medanos
P	Oscar Knapp	Fr.	Cabrillo
P	Isaac Lucas	So.	Chabot
P	Eric Valdez	So.	Feather River
P	Ingmar Hutzezon	So.	Los Medanos
RP	Diego Menjivar	So.	Ohlone

JC Division 1 - First Team
Pos	Name	Yr	School
C	Elliott Peterson	So.	Southeast
IF	Victor Figueroa	So.	Florida SW
IF	Barrett Eldridge	So.	GA Highlands
IF	Dagen Brewer	So.	Johnson County
IF	Caden Powell	So.	Seminole State
OF	Ryan Wideman	So.	GA Highlands
OF	Jaden Anderson	So.	Southern Union
OF	Richard Bonomolo	So.	Wabash Valley
DH	Kyle Hvidsten	So.	Iowa Western
P	Brandon Stone	Fr.	Johnson County
P	Robert Fortenberry	So.	Weatherford
P	Brian Panneton	So.	Wharton County

JC Division 1 - Second Team
Pos	Name	Yr	School
C	Seth Christmas	So.	Gaston
IF	Rom Kellis	So.	Florence-Darlington
IF	AJ Singer	So.	Iowa Western
IF	Brent Iredale	So.	New Mexico JC
IF	Kyle Morrison	So.	Shelton State
OF	Robby Bolin	So.	Barton
OF	Kolton Reynolds	So.	Crowder
OF	Avery Moore	So.	Southeast
DH	Jon Legrande	So.	Wabash Valley
P	Trip Dovale	So.	GA Highlands
P	Justin Jackson	So.	Santa Fe
P	Lucas Boesen	So.	Southern Nev.

JC Division 1 - Third Team
Pos	Name	Yr	School
C	Brendan Brock	So.	SW Illinois
IF	Connor McGinnis	So.	Blinn
IF	Jake Munroe	So.	John A. Logan
IF	Deniel Ortiz	So.	Walters State
IF	Cayden Gaskin	So.	NW Florida
OF	Justin Thomas	So.	Florida SW
OF	Trey Gambill	So.	Salt Lake
OF	Ace Williamson	So.	Southern Union
DH	Joe Sperry	So.	USC Lancaster

Southern California JC - First Team
Pos	Name	Yr	School
C	Makana Olaso	So.	Palomar
1B	Kyle Phin	Fr.	Barstow
IF	Noah Lazuka	So.	Palomar
IF	JC Allen	So.	Saddleback
IF	Isaiah Gomez	So.	San Diego Mesa
IF	Daniel Ghiorso	So.	Santa Barbara
OF	Cody Turner	Fr.	Antelope Valley
OF	Jack Clothier	So.	Cuesta
OF	Jack Salmon	So.	Golden West
OF	Royce Clayton, Jr.	So.	LA Valley
DH	Ryder Young	Fr.	Chaffey
UT	Trevor Stowe	Fr.	C of the Desert
P	Derek Valdez	Fr.	Cerritos
P	Franky Lopez	Fr.	Cerritos
P	Alex Ramos	So.	Golden West
P	Jake Villar	So.	Santa Barbara
RP	Calix Armijo	So.	Cerritos

Southern California JC - Second Team
Pos	Name	Yr	School
C	Luke Davis	So.	Long Beach City
1B	Trevor Schmidt	Fr.	Fullerton
IF	Mikey Bell	Fr.	Cuesta
IF	Ethan Pena	Fr.	Glendale
IF	Olin Snakenborg	So.	Long Beach City
IF	Kaleb Castro	So.	San Bernardino Val.
OF	Gavin Long	So.	Allan Hancock
OF	Xander McLaurin	So.	Long Beach City
OF	Elijah Cook	So.	Palomar
OF	Jimmy De Anda	So.	Santa Ana
DH	Zech Samayoa	So.	Golden West
UT	Evan Rolbiecki	So.	Cypress
P	Cole Clark	So.	LA Valley
P	Daniel Tovar	So.	LA Valley
P	Ryan Herrod	Fr.	Palomar
P	Jack Wade	Fr.	Saddleback
RP	Cooper Bagby	So.	Allan Hancock

Junior College All-America Teams
Pos	Name	Yr	School
P	J.T. Drake	So.	Pima
P	Luke Meyers	So.	Central Arizona
P	Gavin Micklinghoff	So.	McHenry

JC Division 2 - First Team
Pos	Name	Yr	School
C	Blaise Priester	So.	Meridian
IF	Colby Thorndyke	Fr.	Brunswick
IF	Aaron Piasecki	So.	Kellogg
IF	Landen Johnson	So.	N. Okla.-Tonkawa
IF	Hollis Porter	Fr.	Pearl River
OF	Easton Bryant	So.	Chandler-Gilbert
OF	Kyle Koehler	So.	Cuyahoga
OF	Harrison Bowman	Fr.	Iowa Central
DH	Chris Arroyo	So.	Pasco-Hernando
P	Cesar Morales	So.	Frederick
P	Blake Lobell	So.	LSU Eunice
P	Michael Carpenter	So.	Madison

JC Division 2 - Second Team
Pos	Name	Yr	School
C	Grant Pohlman	So.	Lincoln Land
IF	Cooper Nicholson	So.	Iowa Central
IF	Brady Thomas	So.	Jones
IF	Coleman Parry	Fr.	Miles
IF	Miguel Cantu	So.	Morton
OF	TJ Williams	So.	Heartland
OF	Julio Guerrero	Fr.	N. Central Miss.
OF	Bryce Fowler	So.	Pearl River
DH	Thomas Marsala	So.	Hinds
P	Michael Savarese	Fr.	Pasco-Hernando
P	Griffin Smith	So.	Rock Valley
P	Reigh Jordan	So.	Wallace-Dothan

JC Division 2 - Third Team
Pos	Name	Yr	School
C	Blade Carver	Fr.	N. Okla.-Tonkawa
IF	Dawson Willis	So.	LSU Eunice
IF	Jackson Lindquist	So.	Rock Valley
IF	Andrew Holub	So.	Wake Tech

Pacific Northest JC - First Team
Pos	Name	Yr	School
C	Corbin Sanchez	So.	Treasure Valley
1B	Logan Shepherd	Fr.	Tacoma
IF	Jonah Shull	So.	Everett
IF	Langan Naylor	Fr.	Lower Columbia
IF	Jeramiah Crain	So.	Tacoma
IF	River Smith	So.	Wenatchee Val.
OF	Davis Mauzy	So.	Blue Mountain
OF	Logan Blank	So.	Edmonds
OF	Aidan Dougherty	So.	Linn-Benton
OF	Cayden Wotipka	So.	Lower Columbia
DH	Zion Williams	So.	Tacoma
UT	Nicho Crowley	Fr.	Olympic
P	Sheldon Egger	So.	Edmonds
P	Ethan Hubbell	So.	Everett
P	Gabe Brabec	Fr.	Linn-Benton
P	Ethan Kleinschmit	Fr.	Linn-Benton
RP	Simon Lemke	Fr.	Columbia Basin

Pacific Northwest JC - Second Team
Pos	Name	Yr	School
C	Blake Conrad	So.	Edmonds
1B	Andy Miller	So.	Lane
IF	Wren Cecil	So.	Lower Columbia
IF	Kedren Kinzie	So.	Pierce
IF	Ricco Longo	Fr.	Spokane
IF	Ryder Okimoto	Fr.	SW Oregon
OF	Bryan Sfanos	Fr.	Bellevue
OF	Josh Schleichardt	So.	Clark
OF	Joey Weissenfels	So.	Spokane
OF	Drew Johnson	So.	Tacoma
DH	Chris Rivera	So.	Wenatchee Val.
UT	Danner Salisbury	So.	Umpqua
P	Wyatt Queen	Fr.	Everett
P	Owen Luchies	So.	Lower Columbia
P	Isaac Evaniew	So.	Tacoma
P	Logan Robinson	Fr.	Umpqua
RP	Landen Parker	So.	Umpqua

NAIA All-America - First Team
Pos	Name	Yr	School
C	Charlie Muniz	Jr.	Cumberlands
C	Tyler Horner	Jr.	Oregon Tech
1B	Miguel Oropeza	Jr.	Talladega
2B	JJ Cruz	Sr.	Hope Intern.
3B	Jaidan Quinn	Jr.	Concordia
SS	Drew Barragan	Sr.	Embry-Riddle
IF	Drew Fleming	Sr.	Concordia
OF	Cayden Nicoletto	Jr.	Columbia Col.
OF	Evan St. Claire	Sr.	Cumberlands
OF	Blaze O'Saben	Sr.	Georgia Gwinnett
OF	Ajay Sczepkowski	Sr	Georgia Gwinnett
DH	Arderrius Townsend	Jr.	Blue Mt. Christian
P	Cesar Avila	Jr.	Cumberlands
P	Isaac Rohde	Jr.	LSU Shreveport
P	Darien Smith	Sr.	Southeastern
P	Blayne Huter	Jr.	Webber Intern.
RP	Chad Pike	Gr.	Oklahoma City

All-America - Second Team
Pos	Name	Yr	School
C	Logan Grant	Jr.	Bellevue
C	Indy Stanley	Sr.	Columbia Col.
1B	Cole Robinson	Jr.	Missouri Baptist
2B	Braxton Meguiar	Jr.	Georgia Gwinnett
3B	Bryson Lofton	So.	Bryan
SS	Jarrett Gable	Jr.	Kansas Wesleyan
IF	Isaac Santana	Sr.	Point Park
OF	Carlos Negron	Jr.	Central Methodist
OF	Joey Grabanski	Sr.	Concordia
OF	Mason White	Sr.	Indiana SE
OF	Dylan Lewis	Sr.	Reinhardt
DH	Henry Daniels	Jr.	Georgia Gwinnett
P	Aaron Forrest	Jr.	Doane
P	Ben Harris	Jr.	Georgia Gwinnett
P	Andrew Herbert	Jr.	Reinhardt
P	Blake Peyton	Sr.	Tenn. Wesleyan
RP	John Snyder	Sr.	William Carey

All-America - Third Team
Pos	Name	Yr	School
C	Tanner Sears	Jr.	Central Methodist
C	Tyler Favretto	Jr.	Kansas Wesleyan
1B	Max Harper	Gr.	Cumberlands
2B	Vantrel Reed	Jr.	LSU Shreveport
2B	Tyler Mata Lloyd	Sr.	Tabor
3B	Victor Sanchez	Jr.	Okla. Wesleyan
3B	Kekoa Ogawa	Jr.	Roosevelt
3B	Mason David	Jr.	Taylor
SS	Brycen Sherwood	Sr.	MidAmerica Naz
SS	Alex Adams	Gr.	Missouri Baptist
IF	Nash Crowell	Jr.	Reinhardt
OF	Marques Titialii	Sr.	Ariz. Christian
OF	Francesco Barbieri	Sr.	Ave Maria
OF	Bobby Nichols	Sr.	Central Methodist
OF	Travis Strickler	Sr.	Embry-Riddle
OF	Joshua Duarte	Sr.	Georgetown Col
OF	Trey Furrey	Sr.	Jessup
DH	Noah Castillo	Jr.	MidAmerica Naz
P	Luke Schafer	Sr.	Indiana SE
P	Isaac Baez	Sr.	Mid-America Christ.
P	Brian Ereu	So.	Science and Arts
P	Ryan Daly	Jr.	St. Francis
RP	Chipper Korbacher	Gr.	Cumberlands

JC Division 3 - First Team
Pos	Name	Yr	School
C	Matthew Connolly	Fr.	Surry
IF	Rocko Brzezniak	So.	Brookdale
IF	Chris Bear	So.	Northern Essex
IF	Caden Dulin	So.	RCSJ Gloucester
IF	Andrew Stillinger	So.	SUNY Niagara
OF	Nick Hockemeyer	Fr.	Dallas-Richland
OF	Nick LoVarco	So.	Brookdale
OF	Max D'Alessandro	So.	RCSJ Gloucester
DH	Trey Smith	Fr.	Dallas-Richland
P	Jack Turner	So.	Suffolk County
P	Jayden Voelker	So.	Northern Essex
P	Austin Beard	So.	Northampton

JC Division 3 - Second Team
Pos	Name	Yr	School
C	Filip Milatovic	So.	DuPage
IF	Dominic LaFroscia	So.	Suffolk County
IF	Sam Holthaus	So.	St. Cloud Tech
IF	Payton Poole	So.	Dallas-Eastfield
IF	Andrew Ardito	So.	Kingsborough
OF	Gavyn Boyle	Fr.	SUNY Niagara
OF	Levi Lampert	So.	Alexandria Tech
OF	Max Lalime	So.	Northern Essex
DH	Dioscar Cuello	So.	Suffolk County
P	Marcus Peters	So.	Dallas-Eastfield
P	Andrew Johnson	So.	SUNY Niagara
P	Jake Burt	Fr.	Brookdale

JC Division 3 - Third Team
Pos	Name	Yr	School
C	Augusto Mungarrieta	Fr.	Rochester
IF	Jalan Chambers	So.	Surry
IF	Jaden Nestor-Fox	So.	Lorain County
IF	Robert Furino	So.	Northampton
IF	Ernesto Polanco	So.	RCSJ Gloucester
OF	Mitch Thomas	So.	Joliet
OF	Gavin Degnan	Fr.	RCSJ Gloucester
OF	Hayden Carpenter	Fr.	Dallas-Cedar Val
DH	Seth Tierney	Fr.	Century
P	Adrian Quezada	So.	Monroe-Bronx
P	Danny Kerr	So.	RCSJ Gloucester
P	Jack Otis	So.	Joliet

(NAIA continued)
Pos	Name	Yr	School
IF	Tommy Poggi	So.	Westchester
OF	Mo Little	So.	East Central
OF	Corey Boyette	So.	Heartland
OF	Derek Cerda	So.	Western Okla.
DH	Jake Radosevich	So.	Lewis & Clark
P	Chance Key	So.	Des Moines
P	Luke Cooley	So.	East Central
P	Porter Conn	So.	Lincoln Land

Gold Glove - NCAA Division 1
Pos	Name	Yr	School
C	Ariel Armas	Jr.	San Diego
1B	Edgar Alvarez	Sr.	Nicholls State
2B	Nick Gooden	Gr.	Morehead State
3B	Wyatt Peifer	So.	James Madison
SS	Griff O'Ferrall	Jr.	Virginia
OF	Bryce Boettcher	Jr.	Oregon
OF	Vance Honeycutt	Jr.	North Carolina
OF	Ryley Johnson	Jr.	East Carolina
P	Derek Clark	Sr.	West Virginia
OF	Brennan Hyde	Sr.	Nichols
OF	Trace Cate	Sr.	Piedmont
P	Brandon Menzel	Sr.	Chapman

Gold Glove - NCAA Division 2
Pos	Name	Yr	School
C	Kalvin Alexander	Jr.	Georgia SW
1B	Braeden Smith	Fr.	Georgia College
2B	Emilio Barrera	Jr.	CS-Dominguez Hills
3B	Mikey Kocen	Jr.	Lewis
SS	Henry Kusiak	Sr.	Miss. Southern
OF	El'Rico Riley	Sr.	Florida Southern
OF	Shawn Dougherty	Sr.	Lynn
OF	Dylan Driver	Jr.	Catawba
P	Skylar Gonzalez	Sr.	Tampa

Gold Glove - NCAA Division 3
Pos	Name	Yr	School
C	Chris Reeder	Gr.	TCNJ
1B	Noah Leib	Sr.	Denison
2B	Ryan Doubek	Gr.	Benedictine
3B	James Murphy	Sr.	St. John Fisher
SS	Grayson Bush	Sr.	Randolph-Macon
OF	Luke Tanner	Gr.	Babson

Gold Glove - NAIA
Pos	Name	Yr	School
C	Tevis Payne	Jr.	Vanguard
1B	Brayden McGinnis	Jr.	Columbia Col.
2B	Ty Nekoliczak	Jr.	Concordia
3B	Nick Grade	Jr.	Bellevue
SS	Buster Hardman	Gr.	Friends
LF	Brendan DeFlorio	Sr.	Rochester Christ
CF	Bryce Hayman	Sr.	Roosevelt
RF	Rody Garcia	Jr.	Texas Wesleyan
P	Blake Kimball	So.	Indiana-Kokomo

Gold Glove - Junior College Division 1
Pos	Name	Yr	School
C	Nate Voss	So.	Iowa Western
1B	Wally Diaz	Fr.	Connors State
2B	Nicky Garritano	So.	Southern Nevada
3B	Bruce Jellison	So.	Wabash Valley
SS	Gehrig Goldbeck	So.	Kansas City
OF	Robby Bolin	So.	Barton
OF	Maddox Mueller	So.	Andrew
OF	Luke Boone	Fr.	South Georgia
P	Grayson Murry	So.	Tyler

Gold Glove - Junior College Division 2
Pos	Name	Yr	School
C	Andrew Lee	So.	LSU Eunice
1B	Jack Kerno	Fr.	Elgin
2B	Truman Bodenhausen	Fr.	N. Central Miss.
3B	Jake Alwine	So.	Paradise Valley
SS	Dawson Willis	So.	LSU Eunice
OF	Cole Smith	So.	Southeastern
OF	Cade Greer	So.	NW Mississippi
OF	Shawn Cameron	So.	Brunswick
P	Blake Lobell	So.	LSU Eunice

Gold Glove - Junior College Division 3
Pos	Name	Yr	School
C	Filip Milatovic	So.	DuPage
1B	Jake DePalma	So.	Onondaga
2B	Alex Gaudet	So.	Cayuga
3B	Kevin Dolan	Fr.	Cayuga
SS	Chris Bear	So.	Northern Essex
OF	Bryant Quezada	So.	Monroe-Bronx
OF	Layton Rivas	So.	Minn. N.-Itasca
OF	Luke Schwartz	So.	Camp
P	Andrew Damiani	So.	SUNY Niagara

Gold Glove - Pacific Junior Colleges
Pos	Name	Yr	School
C	Makana Olaso	So.	Palomar
1B	Drew Reynolds	So.	Lassen
2B	Daniel Behrmann	Fr.	Chabot
3B	Evan McGuire	Fr.	Clark
SS	James Bose	So.	West Valley
OF	Paul Contreras	Fr.	Modesto
OF	Jacob Schlesselman	So.	Gavilan
OF	Raine Yoshida	So.	SW Oregon
P	Andrew Moberly	Fr.	Pierce

2024 ABCA/Rawlings National Players of the Year

POSITION PLAYERS OF THE YEAR

Organization	Name	School	AVG	AB	R	H	2B	3B	HR	RBI	BB	SO	OB%	SB
NCAA Div. I	Jac Caglianone	Florida	.419	248	83	104	8	0	35	72	58	26	.544	4
NCAA Div. II	Hayden Jatczak	Saginaw Valley State	.468	231	90	108	27	4	16	82	43	26	.551	8
NCAA Div. III	Connor Maryniak	Misericordia	.345	206	52	71	10	5	13	70	24	30	.419	17
NAIA	Blaze O'Saben	Georgia Gwinnett	.443	246	116	109	18	13	14	83	37	33	.533	50
NJCAA Div. I	Caden Powell	Seminole State	.502	217	83	109	17	7	32	104	29	28	.561	16
NJCAA Div. II	Colby Thorndyke	Brunswick	.420	201	77	86	21	1	15	73	35	21	.532	21
NJCAA Div. III	Rocko Brzezniak	Brookdale	.568	199	89	113	23	6	12	82	27	15	.636	39
Pacific-JC	Max Debiec	Folsom Lake	.449	187	48	84	17	4	12	77	16	22	.500	2

PITCHERS OF THE YEAR

Organization	Name	School	ERA	W-L	IP	H	ER	BB	SO
NCAA Div. I	Hagen Smith	Arkansas	2.04	9-2	84.0	41	19	34	161
	Jac Caglianone	Florida	4.76	5-2	73.2	62	39	50	83
NCAA Div. II	Skylar Gonzalez	Tampa	2.46	16-0	102.1	87	28	23	67
	Hayden Jatczak	Saginaw Valley State	3.54	6-0	56.0	43	22	37	50
NCAA Div. III	Sayers Collins	East Texas Baptist	1.23	12-1	88.0	50	12	26	92
	Connor Maryniak	Misericordia	2.44	11-3	84.2	84	23	19	76
NAIA	Darien Smith	Southeastern	1.87	12-0	96.1	60	20	21	130
NJCAA Div. I	Robert Fortenberry	Weatherford	2.19	13-0	74..0	56	18	30	75
NJCAA Div. II	Blake Lobell	LSU Eunice	2.04	14-0	101.2	85	22	21	73
NJCAA Div. III	Jayden Voelker	Northern Essex	1.48	8-2	61.0	28	10	34	126
Pacific-JC	Ethan Kleinschmit	Linn-Benton	1.03	6-1	78.1	39	9	16	120

Is the Routine Play Routine?

A look at how to coach defenders

By Mark Woodworth
Editor/The Baseball Collegian

In the baseball world, grounders to third, short and second base are called routine plays. Announcers say it, coaches say it, parents say it. They look pretty simple, don't they? A ball is hit at average speed, the fielder is only 90-110 feet from the batter. The throw across is anywhere from 50 to 130 feet away. These should be outs!

The irony though is that these are the exact opposite of routine plays. These are the hardest plays in baseball. We ascribe the term hard plays to divers and long sprints – certainly these are hard plays too, but in the documentation of baseball, these are not considered errors. The official definition of an error is a play that should be made with ordinary effort. Diving plays and balls on the run are inherently extraordinary effort, thus, while exciting and nice, they are not errors.

EASY PLAYS			
Throws	**Grounders**	**Fly Balls**	**Catches**
1B flips to P	To 1B	IB/IF Popups	Catchers K Receiving
2B throws	To IF - 1 hop	OF Fly Balls	On-Target catches
SS flips to 2B	To OF		Flips
OF throws			Line Drives
P throws			

HARD PLAYS			
Throws	**Grounders**	**Fly Balls**	**Catches**
C to bases	To 2B	C Popups	Bad Throws
1B to bases	To SS	Foul Popups	Picks
SS to first	To 3B	Semi-Divers	
3B to first	Bunts	Wind/Sun	
3B to second		On the Run	

In a study of 1,851 defensive plays, here are most of the situations broken down into easy vs. hard plays.

Ordinary plays are where all the errors are. These are the plays that define teams – "make the plays you're supposed to make." And so, the player feels the pressure the most on these – despite them being the most difficult. The pressure a player feels on these plays certainly inhibits performance. Additionally, players (and coaches) don't practice these "hard plays" enough to be commensurate with the need to work on them.

Think about it: For a grounder, the fielder has to read the speed, read the hop, charge and breakdown correctly, catch the ball while moving towards first, shuffle and make a balanced throw of 50-130 feet to a target about 7 feet by 7 – and do it quickly to beat a runner. Oh, and the first baseman has to catch the ball with his foot on the bag, and sometimes off-line or in the dirt. This is hard.

Other hard plays consist of picking balls in the dirt at all kinds of bases, fielding bunts in thick grass while contorting your body to make a good throw, as well as plays that factor in the wind, the sun, the dust, the spin of balls. These are hard (see the graph above).

Good defensive teams look to the statistic of fielding percentage to define their defense. Certainly this is a limiting stat, as it doesn't factor in range factor and probability of making plays. However, this is still a useful stat to help your team improve their fielding.

In looking at the percentages of easy plays vs. hard plays, we learn that even the worst team will probably make 77% of the plays with minimal effort for a .770 fielding percentage. These plays are easy and made all the time. Hard plays consist of the other 23% of the plays. An excellent college defense will field at .970, while .960 is good. We can say a .940 defense or lower is bad. Thus, a .970 fielding team makes 100% of the easy plays (77-for-77 on easy plays), and 87% of hard plays (20-out-of-23). A .960 team makes 83% of the hard plays (19-out-of-23). A bad defense makes 74% of hard plays (16-out-of-23).

> The irony though is that these are the exact opposite of routine plays. These are the hardest plays in baseball.

Thus, if you really look at only the hard plays, great defenses make about 9-out-of-10 of the hard plays (app. 90%), good defenses make 8-out-of 10 (app. 80%), while bad defenses make about 7-out-of-10 plays (app. 70%). They all make 77% of the plays, but what are they doing on the "hard plays"? And thus, the difference between bad and great defensive teams are these hard plays, which ironically we call "routine plays."

Percentages of Plays by Position						
All Plays	**C**	**1B**	**IF**	**OF**	**P**	**All**
Catches	95%	62%	11%	4%	17%	25%
Grounders	0%	26%	42%	38%	39%	33%
Popups/Flies	2%	4%	7%	19%	5%	88%
Throws	3%	8%	40%	39%	39%	11%
	100%	**100%**	**100%**	**100%**	**100%**	**100%**

Here are the percentages of plays that each position has to make. For example, 62% of plays a first basemen makes are catches, 26% are grounders, 4% are popups, and 8% are throws.

So what can we learn from this?
Plays, like routine grounders, bunts, and throws in the dirt, are actually very hard, and the difference between good and bad defensive teams. The margins are small, but they make all the difference. It's not the highlight-reel plays, but the ordinary plays. The time spent in practice and philosophically should reflect the quantity of occurrence in games, and in turn, can help players cultivate the skills of being truly great at A) catching grounders, B) throws, and C) throwing to a target. That's it. This simplifies the focus of what to work on, and hopefully can improve defensive play.

Percentages of Plays made by Type - Easy vs. Hard						
Easy Plays	**C**	**1B**	**2B/SS/3B**	**OF**	**P**	**All**
Catches	100%	90%	90%	90%	90%	94%
Grounders	0%	74%	9%	97%	25%	63%
Popups/Flies	0%	81%	88%	88%	100%	88%
Throws	25%	70%	35%	100%	76%	73%
	60%	**84%**	**34%**	**96%**	**69%**	**77%**
Hard Plays	**C**	**1B**	**2B/SS/3B**	**OF**	**P**	**All**
Catches	0%	10%	10%	10%	10%	6%
Grounders	0%	26%	91%	3%	75%	37%
Popups/Flies	100%	19%	12%	12%	0%	12%
Throws	75%	30%	65%	0%	24%	27%
	40%	**16%**	**66%**	**4%**	**40%**	**23%**

Where all the hard plays?
This chart shows percentage of plays made by type. For example, only 9% of all grounders are easy plays by infielders, 100% by outfielders. Thus, infielders need to practice grounders way more than outfielders (why do outfielders get the same amount of grounders in infield/outfield as infielders??).

You can also see the most demanding positions: Infielders have the most hard plays (66%), followed by catchers (40%), then first baseman (16%), then outfielders (4%).

THE BASEBALL COLLEGIAN
PITCHING PROJECT

A Non-Partisan Resource on Pitching

THE INTENT OF THE BASEBALL COLLEGIAN PITCHING PROJECT is to inform coaches and players and parents of some of the many theories on being a successful pitcher.

Most every concept has advocates with very strong opinions on either side of the argument. Too often, a theory is chosen based on popularity, conventional wisdom, or because someone famous does it that way, as opposed to one's own analysis. With so many contradicting theories, it is essential to have an understanding of all of the possible options, before deciding which one to commit to.

These pitching theories are presented without judgment, without confirmation bias, with no preconceptions, and without dogma or commercialism. In turn, the strong hope is that people are inspired to do the work to make up their own mind based on as much information as possible – and in turn, do what makes most sense to them.

This week, the discussion turns to arm injuries.

HEALTH
Q. Why are there more injuries than ever?
General Belief:
• High pitch counts
Dr. James Andrews — "Pitching too much in one game, one week or one season is a very high risk factor," he said. "The problem is the injuries don't always show up when they pitch too many pitches at age 15. When you see a pitcher at age 22 start developing a problem, you go look at their history and most times you find out they threw too much as a teen." (espn.com)

Other Philosophies:
• Long Toss
Dr. Glenn Fleisig — "While long-toss thrown on a line seems biomechanically sound for rehabilitation and training, the use of long-toss throws for maximum distance may be more harmful than beneficial. This advice against maximum-distance throwing is based upon the high magnitudes of elbow varus torque, shoulder internal rotation torque, and upper trunk tilt, and low magnitude of forward trunk tilt." (jospt.org)

• Ligaments & Tendons
Dr. James Andrews — "Ligaments and tendons can't withstand the high forces caused by the strength gains of modern athletes throwing max effort with high velocity." (andrewssportsmedicine.com)

• Arm Fitness
Kyle Boddy — "Training to throw harder with no regard for arm fitness is a great way to increase your injury risk. You are layering stress on top of dysfunction." (drivelinebaseball.com)

THE BASEBALL COLLEGIAN PITCHING PROJECT

• Innings
Ron Wolforth — "The key thing to remember, in our opinion, is that pitches-per-inning is more important than total pitches. We like to see pitchers average 15-18 pitches per inning." (texasbaseballranch.com)

• Training
Alan Jaeger — "The pitch count became necessary to compensate for the lack of training," Jaeger says. "Once the 120 program came into being, guys were undertrained and the pitch count became a necessary evil." (espn.com)

• Low Pitch Counts
Nolan Ryan — "I'm not a doctor and I'm not a scientist. All I am is a guy who threw over 5,000 innings," he said. "I know what pitchers go through and I know what it takes to do that and I really believe we don't condition our pitchers for what they are asked to do. And because of that, I think we increase our chances of injury on them.

"I believe when an organization puts those kind of random restrictions on their pitching staff, they don't take advantage and utilize the talent that they have. I think everybody has a pitch limit, but I think also you can tell when a guy's reached his pitch limit by watching him. That's what pitching coaches used to do. Now they look at the number of pitches and at around 100, they get somebody up and that pitcher comes out of the game no matter whether he's having an exceptionally good game or if he struggled. Obviously, they put pitch limits to try to protect people, but I think it's worked just the opposite." (newsday.com)

• Overuse
American Sports Medicine Institute — "With the rise in elbow and shoulder injuries in adolescent baseball pitchers, the adult community needs to take steps to prevent these injuries. Research points to overuse as the principle risk factor. Poor pitching mechanics also contribute to injury risk. Another suggested risk factor is poor physical fitness." (asmi.org)

• Radar Gun
Dr. James Andrews — "I think they should outlaw the radar gun," he said. "Young pitchers, coaches, scouts and parents put so much emphasis now on throwing hard that these kids are hurting their elbows and their shoulders because they're trying to throw 90 mph." (espn.com)

• Year-Round Baseball
Dr. James Andrews — "Young pitchers now are throwing hard all year and that is not a good thing," he said. "There is no rest period. Baseball is a development sport and the ligaments in the elbow need rest to develop." (espn.com)

• Showcases
Dr. James Andrews — "A lot of the times they go to these events not in shape or tired because they maybe pitched the night before," he said. "They throw them off the mound as hard as they can and damage their arm by doing so." (espn.com)

• Youth Baseball
JJ Conrad — "Youth and travel baseball is where it's needed. You see more injuries with kids between the ages 13-18, but it's not coming from high school baseball. Kids are being abused at younger ages and most travel coaches are only concerned with winning games. By the time they get to high school, a lot of them already probably have micro-tears and other issues." (northjersey.com)

• Weighted Baseballs

Mike Reinold — "Scientifically, this gain in external rotation is not from a muscle stretching or the bone adapting. It wouldn't happen that fast. What is likely happening is that the static stabilizers that are supposed to prevent excessive external rotation are being damaged. This could be the capsule, labrum, or even rotator cuff. These are not injuries that you want. Plus, as layback increases, so does stress on the Tommy John ligament.

This is why many people do not get hurt during a weighted ball program, but end up getting hurt down the road. They've pushed past their normal anatomy to increase pitching velocity.

So weighted ball programs have two potential concerns:

1. Overweight balls may be causing damage to the tissue of the shoulder to allow more layback. This gain in layback may also increase the strain on the Tommy John ligament.

2. Underweight balls increase the amount of peak strain on the arm.

We still don't know how safe these programs are and, more importantly, what the effective "dose" should be to increase pitching velocity. What I mean by this is, how heavy, how light, how many throws, how often per week, and how much during the year among other questions. Selecting the right dose is important, and it should start with the minimum viable dose to achieve a training effect.

Let me be clear and get this out of the way. I am a believer of performing weighted baseball and long toss programs. I incorporate them into my programs and think you should too. (No one will remember those last two sentences, by the way). It's not the program that is the problem, it's how these programs are being implemented. It all comes down to 'dosage.'" (mikereinold.com)

• Specialization

Eric Cressey — "Not surprisingly, the rise in specialization (as evidenced by the growth in popularity of fall ball teams, showcases, and opportunities to play for multiple teams during the 'normal' baseball season) has paralleled the rise in velocity and injuries." (ericcressey.com)

• Getting Injured previously

Russell Carleton — "...previous DL trip makes a pitcher about eight times more likely to land on the DL this season. But even at that, the rate at which previous disabled list visitors go back on is lower than 50 percent. A pitcher with an injury history is not a certainty to get injured, just a much higher risk.

The take-home message is one that is probably not very shocking to anyone. An injured body part is more likely to get hurt again. A pitcher who has thrown a lot of pitches is more likely to have a lot of wear and tear on that arm. It's not rocket science, although I do wonder if people understand the magnitude of the effect size.

According to the Verducci Effect, teams needed only to avoid extending their young pitchers to maximize their odds of staying healthy. My model doesn't offer as much comfort. Once a pitcher is damaged, he's damaged goods. And it's not like you can tell a pitcher not to throw another pitch; that's what pitchers do. And sometimes they get hurt. That's life." (baseballprospectus.com)

• Mechanics

Don Cooper — "There is no doubt in my mind that the majority of arm injuries, shoulder injuries, come from having poor mechanics." (dailyherald.com)
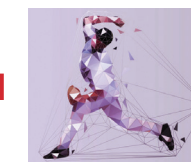
• Biomechanical Efficiency

Tom House — "Biomechanical efficiency is a function of three things (in order of importance): timing, kinematic sequencing, and the mechanical variables pitching coaches have been trying to teach for a hundred years. He continues, "I think most of the issues that take place with mechanics are because they are not timed properly."" (sportingnews.com)

• Elbow above the Shoulder line/Inverted W

Chris O'Leary — "In the Inverted W the pitcher...

1. Lifts their elbows to the point where they are at, or even above, the level of their shoulders.

2. While, and more importantly, their forearms are flat or, worse yet, pointing downwards.

3. Into, or in the worst case at, Foot Plant and/or the start of shoulder rotation.

The Inverted W isn't (necessarily) a problem in and of itself. Rather, the Inverted W contributes to injuries in pitchers by creating a timing problem, and timing problems are what tend to hurt pitchers' arms.

The Inverted W increases the likelihood that a pitcher's arm will not be in the proper position when their front foot plants and their shoulders start to rotate. That will increase the load on the elbow and the shoulder, providing a short-term velocity boost but, in the long run, significantly increasing the risk of injury to the pitching arm." (chrisoleary.com)

• Inverted W/Arm Action

Brad Mills — "Elbow lifting, along with poor lower and upper body timing, causes the elbow to lift up above the throwing shoulder. Then upon landing with the elbow above the shoulder, the elbow must quickly snap into a position to begin arm acceleration. This is very, very stressful and is the cause of many elbow and shoulder injuries in pitchers.

One of the reasons that some pitchers are being taught to 'elbow lift' is because of what has been referred to as 'scapula loading,' which is emphasizing the pinching of the shoulder blades as a way to improve velocity. This is wrong and will only produce more arm injuries." (pitching.com)

• Excessive Horizontal Adduction

Brent Pourciau — "Casting the arm or throwing with poor hip to shoulder separation puts the elbow out in front of the face during external rotation which puts a significant amount of stress on the elbow. This along with increased speeds of horizontal abduction to adduction is the number one cause of UCL tears.

Fleisig (1994) found the maximum horizontal adduction range displayed to be proportional to the maximum elbow medial force during arm cocking phase at a rate of 2.4 N/°. Since the total amount of elbow medial force during the arm cocking phase was 270N in Fleisig's study, an increase of 7° horizontal adduction would be associated with an 18N or 7% increase in this force." (topvelocity.net)

• Not Striding Straight

Guy Hansen — "Once a pitcher lands two shoe-sizes width closed, he is dealing in the 'red zone', where I think lousy, harmful stuff happens. It takes additional torque to work across the body and get the same finish on your pitches, especially on breaking balls for three-quarter delivery pitchers – which most pitchers are. These pitchers just don't have the built-in angle of "correct side" pitchers who throw in a direct line home. I haven't seen the injuries attributed to this, but I'm convinced it plays an impact. There is just no question this leads to pitchers throwing all arm with a misdirected stride. That's a recipe for trouble." (*A Baseball Guy*)

PLAY THE BEST GAME OF YOUR LIFE

By Dr. John J. Carroll, PsyD
Author of the Book, How to Play the
Best Game of your Life

Sports Psychologist Josh Carroll was a baseball/football standout at Amherst College and grduated as the career leader in home runs. Here is an excerpt from his book, *How to Play the Best Game of Your Life*.

There was an interview with the great baseball player Manny Ramirez in 2007. It was done by the *Boston Globe* during spring training, and they were asking Ramirez what his goals were for the upcoming season. His response was fascinating, and at first glance, mystifying. He stated, "I'd like to hit .280, 25 home runs and knock in 80 RBIs." .280? What? 25 home runs? What? 80 RBIs? What? I said to myself, Manny, you just hit .340 with 50 home runs and 140 RBIs last season. What are you talking about? Are you thinking of retiring? Are you injured? Is there something wrong?

At the time I was baffled. I couldn't understand why one of the best hitters in the game was setting goals LOWER than the accomplishments he had achieved the previous year. Not only lower, they sounded like numbers for an above average player, nothing like the numbers for one of the best hitters in the game. Little did I realize that Manny Ramirez was actually onto something, an idea that has been proven through research. Whether Ramirez did this intuitively or not, I don't know. But he hit on a concept and an approach to goal setting that is smart and effective.

Supportive Floors or High Ceilings?
Ramirez was setting supportive floors for himself with the goals that he set in 2007. The goals that he noted that day to the *Boston Globe* were not a cry for mediocrity, or him losing confidence. They were actually a superior way to set himself up for success.

Supportive floors are goals that are achievable, moderate, and realistic, ones where the intention is to hopefully reach them and then go beyond it. This is opposed to high ceiling goals, which set the bar high, are very challenging, and intentionally put more stress on the athlete.

Research reveals that setting supportive floors reduces anxiety, gives us more mental flexibility, and helps us make more reflective adjustments in season. This is another Sports Psychology Paradox—by setting

> The goals that he noted that day to the Boston Globe were not a cry for mediocrity, or him losing confidence. They were actually a superior way to set himself up for success.

moderate goals, with less expectation than the year before, Ramirez was able to perform better. He proceeded to have one of the greatest years ever as a hitter, and that's hard for anyone, even Manny Ramirez to achieve. If Ramirez had tried to go beyond what he had done previously during the entire year, he would have been pressing from Day One, and this style of goal setting simply is not what worked for him. If he had higher expectations for the coming year, this athlete would have given himself no mental "wiggle room" if he were to fall

into a batting slump. He would be constantly critical of himself if he were not where he "thought" he should be with "lofty" goals, and he would press more than he already was. Instead, with these goals, if he's in a slump, Ramirez has given himself some room—in his mind—to make an adjustment and get back on track, versus being critical of himself because he's not.

Bear in mind that this does not mean that Ramirez does not have lofty aspirations, but the framework that he uses to get there is different. At some point during the season, Ramirez surpassed the goals he set for himself—thus giving himself positive reinforcement, good feelings about himself, and the achievement of hitting a goal. Then he kept on going towards greater goals.

Ramirez already hit his goals two-thirds of the way through the season. After that, everything he is achieving will feel better and better, as mental "icing on the cake." The alternative would be a constant sense of chasing—nothing within grasp—and possibly a sense of frustration, which is not conducive for success. One could say that Ramirez is simply using "mind games," or a psychological "trick" to get himself where he wants to go. Again, it's just a different framework or strategy. The reality is that it's wise to use whatever works best for you.

High Ceilings—Kobe Bryant
As previously discussed, an alternative approach to setting supportive floor, or goals, for oneself is the concept of "high ceilings." Kobe Bryant was well-known for adopting this mentality, constantly pushing himself and his teammates to exceed expectations and strive for greater success. For example, one of Kobe's career goals was to exceed Michael Jordan's number of championships. This is an extremely lofty and demanding goal, that not many elite players would place on themselves.

The difference between Kobe's personality and Ramirez's is that Kobe thrived on high ceiling goals—giving himself challenges and demanding expectations. Just as Michael Jordan and Dennis Rodman had different personalities and needed to be coached differently, Manny Ramirez and Kobe Bryant have different personalities and set goals differently for themselves. Kobe loved it when people doubted him; he loved enormous challenges that seemed impossible. Moreover, Kobe set a career goal, and Ramirez was setting season-long goals. Kobe, of course, had season-long goals too, but his perpetual desire for greatness was nearly unmatched.

Which Style Works for You?
Kobe had the personality, confidence, and mentality to handle the stress and demands of high ceilings, but this type of goal setting does not work for everyone. As seen above, Manny Ramirez and Kobe Bryant set goals for themselves in different ways. Setting high ceilings for yourself requires a degree of self-confidence, as well as a willingness to deal with not meeting goals, frustration, and expectations that may not be met.

What type of personality do you have?

> Kobe loved it when people doubted him; he loved enormous challenges that seemed impossible.

Do you respond to challenging yourself with demanding goals? Can you handle the frustration of not meeting them? Or do you prefer to have more flexibility and give yourself more space to get where you want to go?

It needs to be noted that both players went on to produce Hall of Fame numbers with two very different goal setting systems and personalities—different paths to get to the same destination. You need to find out what works for you. They also had very different leadership styles and could rub

teammates the wrong way. Ramirez could be aloof; Kobe could be too demanding and egocentric. They both had their own way of doing things and didn't yield to others.

Bouncing Back
Failure and not living up to expectations is simply part of the game—how you respond and how quickly you respond are an unseen part of success. Bouncing back, or resilience, is an indispensable ingredient to you getting better. Learning from a mistake or failure should not have to be negative. Remember that staying positive is a choice, and thus position yourself, mentally and physically, on the field and off the field to do whatever gets you to your goals as fast as possible.

Supportive Floors & High Ceilings
It is also very reasonable to set both supportive floors and high ceilings. You could set supportive floors along with some "stretch goals." Play around with this and see what works for you. This is a fun element in the art of sport, learning to utilize the mental aspect of it to your advantage.

> **Goal Questions for Each Practice and Training Session**
> 1. What are the things I can focus on that will improve my game every day?
> 2. If winning or losing were not an issue, what would my primary goal be?
> 3. What type of relationship do I want to have with my coach? Teammates?
> **Keys to the Game**
> 1. Utilize Supportive Floors and High Ceilings. See what works best for you.
> 2. Work with the SMART Technique. Be Specific and have end times for goals.
> 3. Use Process Goals and Outcome Goals. Goals involve markers and outcomes. Utilize both.
> 4. Do the easy things first to get into a rhythm. This is how you gain momentum.

ABCA National Polls - 2024 Final

Division 1
(presented by USA Today)
Final Poll (6/25/24)

1	Tennessee	60-13
2	Texas A&M	53-15
3	Kentucky	46-16
4	Florida State	49-17
5	North Carolina	48-16
6	Florida	36-30
7	Virginia	46-17
8	North Carolina State	38-23
9	Clemson	44-16
10	Georgia	43-17
11	Oregon State	45-16
12	Arkansas	44-16
13	Oregon	40-20
14	Oklahoma State	42-19
15	Oklahoma	40-21
16	East Carolina	46-17
17	West Virginia	36-24
18	Duke	40-20
19	Connecticut	35-26
20	Mississippi State	40-23
21	Kansas State	35-26
22	UC Santa Barbara	44-14
23	Evansville	39-26
24	LSU	43-23
25	UC Irvine	45-14

Schools Dropped Out
No. 17 Wake Forest; No. 20 Arizona; No. 21 Indiana State; No. 22 Dallas Baptist; No. 23 Louisiana; No. 24 Southern Miss; No. 25 Nebraska

Others Receiving Votes
Wake Forest 95; Arizona 81; Indiana State 64; Louisiana 35; Dallas Baptist 32; Southern Miss 26; Vanderbilt 24; Coastal Carolina 10; Alabama 7; San Diego 5; South Carolina 4; UNCW 2; Texas 2; UCF 1; Nebraska 1

Division II
(presented by Netting Professionals)
Final Poll (6/10/24)

1	Tampa	52-8
2	Angelo State	44-21
3	Catawba	46-17
4	Indiana (PA)	41-18
5	Point Loma	46-13-1
6	Central Missouri	52-10
7	Lubbock Christian	45-16
8	North Greenville	41-14
9	Missouri Southern	44-15
10	Southern NH	37-19
11	Embry-Riddle	35-22
12	Indianapolis	41-21
13	Cal State Monterey Bay	39-21
14	Augustana	47-10
15	West Chester	43-9
16	Saginaw Valley	41-18
17	Molloy	42-14
18	Lee	39-18
19	St. Leo	38-13
20	Georgia College	37-22
21	Mount Olive	40-18
22	Arkansas-Monticello	35-24
23	Colorado Mesa	38-18
24	West Texas A&M	37-19
25	UNC Pembroke	43-14
26	Young Harris	41-15
27	Arkansas Tech	38-20
28	Seton Hill	41-17
29	Northwest Nazarene	36-15-1
30	East Stroudsburg	43-14
30	Maryville	40-19
30	Ashland	42-15

Receiving Votes: Charleston (WV) (44-10), Millersville (38-16), Minnesota State (37-20), Wingate (34-25), UT Permian Basin (35-25), Regis (32-24-1), Harding (37-19), San Francisco State (34-24), Cal Poly Pomona (32-24), West Florida (36-24), Jefferson (33-17).

Division III
(presented by Netting Professionals)
Final Poll (6/10/24)

1	Misericordia (Pa)	44-11
2	Wis.-Whitewater	45-12
3	Endicott (Mass.)	47-4
4	Salve Regina (R.I.)	40-10
5	Pomona-Pitzer (Calif.)	37-14
6	Lynchburg (Va.)	37-17
7	Denison (Ohio)	42-8
8	East Texas Baptist	39-10
9	Birmingham-Southern	33-16
10	Johns Hopkins (Md.)	35-11
11	Randolph-Macon (Va.)	33-16
12	Wis-La Crosse	36-16
13	Salisbury (Md.)	32-12
14	Baldwin Wallace (Ohio)	33-11
15	Christopher Newport	29-12
16	Case Western (Ohio)	33-11
17	Trinity (Texas)	32-15
18	La Verne (Calif.)	30-16-1
19	NC Wesleyan	36-13
20	Penn State Harrisburg	35-11
21	Adrian (Mich.)	33-16
22	Claremont (Calif.)	32-15
23	Aurora (Ill.)	34-11
24	Cortland (N.Y.)	31-14-1
25	Benedictine (Ill.)	33-14
26	Transylvania (Ky.)	34-14
27	Centre (Ky.)	36-13
28	Arcadia (Pa.)	33-14
29	Mitchell (Conn,)	34-13
30	Messiah (Pa.)	35-11

Receiving Votes:
Spalding (Ky.) 33, Rowan (N.J.) 27, Babson (Mass.) 26, Eastern Connecitcut State 23, Cal, Lutheran 21, Elizabethtown (Pa.) 20, Ithaca (N.Y.) 18, Willamette (Ore.) 17, Catholic (D.C.) 15, Middlebury (Vt.) 14, New Paltz (N.Y.) 7, Washington & Jefferson (Pa.) 6, Montclair (N.J.) State 5, Buena Vista (Iowa) 4, Coe (Iowa) 4, Marymount (Va.) 3, Concordia (Texas) 1, Maryville (Tenn.) 1, North Park (Ill.) 1.

NAIA
Final Poll (5/8/24)

1	Southeastern (Fla.)	48-6
2	Georgia Gwinnett	47-6
3	Cumberlands (Ky.)	48-6
4	LSU Shreveport (La.)	42-8
5	Lewis-Clark State (Idaho)	36-10
6	Webber (Fla.)	42-12
7	Missouri Baptist	39-10-1
8	Central Methodist (Mo.)	43-7
9	Reinhardt (Ga.)	38-16
10	Hope Intern. (Calif.)	37-14
11	Mid-America Christian	38-11
12	Jessup (Calif.)	39-9
13	Tennessee Wesleyan	37-16
14	Bellevue (Neb.)	38-12
15	William Carey (Miss.)	34-14
15	Faulkner (Ala.)	35-15
17	Taylor (Ind.)	40-14
18	Concordia (Neb.)	40-13
19	Doane (Neb.)	38-12
20	Kansas Wesleyan	45-10
21	Oklahoma City	35-15
22	Loyola (La.)	36-17
23	MidAmerica Nazarene	34-17
24	Columbia (Mo.)	37-14
25	Point Park (Pa.)	41-13

Receiving Votes: Tabor (Kan.) 79; Oklahoma Wesleyan 74; Keiser (Fla.) 65; Arizona Christian 51; British Columbia 42; Science & Arts (Okla.) 30; OUAZ (Ariz.) 12; Northwestern Ohio 12; Point (Ga.) 10; Milligan (Tenn.) 10; Oregon Tech 8; Georgetown (Ky.) 7; Indiana SE (Ind.) 4; Indiana Wesleyan 3; Benedictine Mesa (Ariz.) 3

Northwest Community College
NWAC
Final Poll (5/14/24)

1	Linn-Benton
2	Tacoma
3	Everett
4	Lower Columbia
5	Spokane
6	Umpqua
7	Edmonds
8	Columbia Basin
9	Blue Mountain
10	Wenatchee Valley

Junior College
NJCAA Div. 1
Final Poll (5/13/24)

1	Johnson County CC	48-10
2	Georgia Highlands	51-7
3	Iowa Western CC	50-7
4	Northwest Florida State	36-13
5	Weatherford College	45-13
6	Florence-Darlington Tech	51-10
7	Crowder College	47-13
8	Blinn College	40-15
9	C. of Southern Nevada	48-10
10	Hutchinson CC	46-11
11	Gaston College	51-8
12	Shelton State CC	42-17
13	Pima CC	45-16
14	Navarro College	34-18
15	Kansas City Kansas CC	46-10
16	Indian River State	40-14
17	McLennan CC	41-17
18	Central Arizona College	45-14
19	Cowley County CC	41-16
20	Walters State CC	44-14

California Community College
CCCAA
Final Poll
North

1	Feather River	35-10
2	Santa Rosa	31-15
3	Fresno City College	31-12
4	West Valley	38-14
5	Butte	30-14
6	San Joaquin Delta	36-15
7	Lassen	26-15
8	Chabot	34-13
9	Skyline	30-14
10	Modesto	27-14

South

1	Golden West	31-14
2	Cerritos	38-10
3	Santa Ana	35-15-1
4	Palomar	36-11
5	LA Valley	37-8
6	Saddleback	34-17
7	Mt. San Antonio	30-15
8	Cuesta	32-13
9	Long Beach	30-15
10	Fullerton	25-19

Junior College
NJCAA Div. 2
Final Poll (5/13/24)

1	East Central CC	50-5
2	Pearl River CC	47-8
3	LSU Eunice	48-7
4	Brunswick CC	47-8
5	Heartland CC	39-15
6	Frederick CC	49-6
7	Wallace CC-Dothan	44-8
8	Jones College	39-14
9	Southeastern CC	43-17
10	St. Johns River State	38-23
11	Kirkwood CC	43-15
12	Madison College	34-11
13	Iowa Central CC	46-13
14	Parkland College	40-13
15	Kellogg CC	40-10
16	Black Hawk College	45-12
17	Meridian CC	35-17
18	Grand Rapids CC	35-10
19	Rock Valley College	41-13
20	Northern Oklahoma	42-18

Junior College
NJCAA Div. 3
Final Poll (5/13/24)

1	Rowan - Gloucester	43-7
2	Dallas College Eastfield	44-11
3	Northampton CC	42-8
4	Brookdale CC	43-7-1
5	Niagara County CC	47-9
6	Dallas College Richland	37-18
7	Camp CC	32-18
8	Herkimer College	24-7
9	Surry CC	38-10
10	St. Cloud Technical CC	29-11
11	Northern Essex CC	25-13
12	Erie CC	39-15
13	College of DuPage	29-16
14	Kingsborough CC	20-20
15	Rochester Community	29-15

THE BASEBALL COLLEGIAN

Win Your Day! by Steve Gilbert

We must be very intentional in how we define success.

First, we need to make sure that we decide for ourselves what success means to us. Otherwise we'll spend our days chasing the approval of others, which is fruitless and exhausting.

Second, we need to be aware of whether we're going to focus on the process/journey or the end result. The process and our effort are factors we can control for the most part. The end result is not.

Legendary UCLA basketball coach John Wooden had this as his definition: "Success is peace of mind which is a direct result of self-satisfaction in knowing you made the effort to become the best you are capable of becoming."

Absent from Wooden's definition? Winning. That's because he knew that was out of his control (and remember this is a guy who won 10 National Championships in a 12-year stretch).

Baseball players face this challenge all the time. Every time they step into the batter's box the now gigantic scoreboards display their batting average and other statistics for all to see. If they allow those numbers to define them, they will spend each day riding a roller coaster of emotions. It's mentally exhausting and will wear a player out far more than even the physical grind of playing 162 games.

It's a challenge for the players to look away from that scoreboard and instead focus on how they prepare and attack the day. We have the same challenge: Do we choose to look at the scoreboard of our life? Or are we focused on the process and the journey?

Today, choose wisely.

Contact MLB.com writer Steve Gilbert at winyourday@gmail.com to sign up for his daily inspirational emails.